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28-30 JUNE 2018

MASCC/ISOO

ANNUAL MEETING ON SUPPORTIVE CARE IN CANCER



www.mascc.org/meeting



#MASCC18

Assessment of Cardiac Injury and Toxicity From Cancer Chemotherapy

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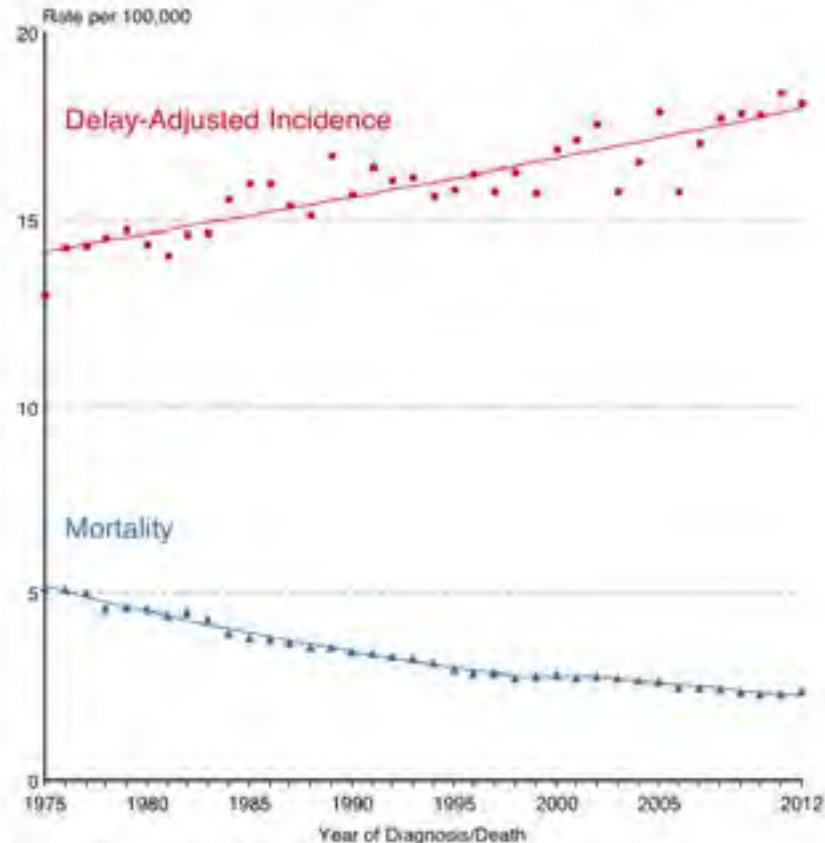
Objectives

- Discuss cardiotoxicity of most commonly used chemotherapeutic agents
- Risk stratification of patients exposed to cardiotoxic medications
- Early imaging and biomarkers for assessment of cardiac injury
- Take-home points
- Future directions



Figure 28.1

SEER Delay-Adjusted Incidence and US Mortality All Childhood Cancers, Under 20 Years of Age Both Sexes, All Races, 1975-2012



Source: SEER 9 areas and US Mortality Files (National Center for Health Statistics, CDC).
Rates are age-adjusted to the 2000 US Std Population (18 age groups - Census P25-1103).
Regression lines are calculated using the Joinpoint Regression Program Version 4.2.0, April 2015.
National Cancer Institute.



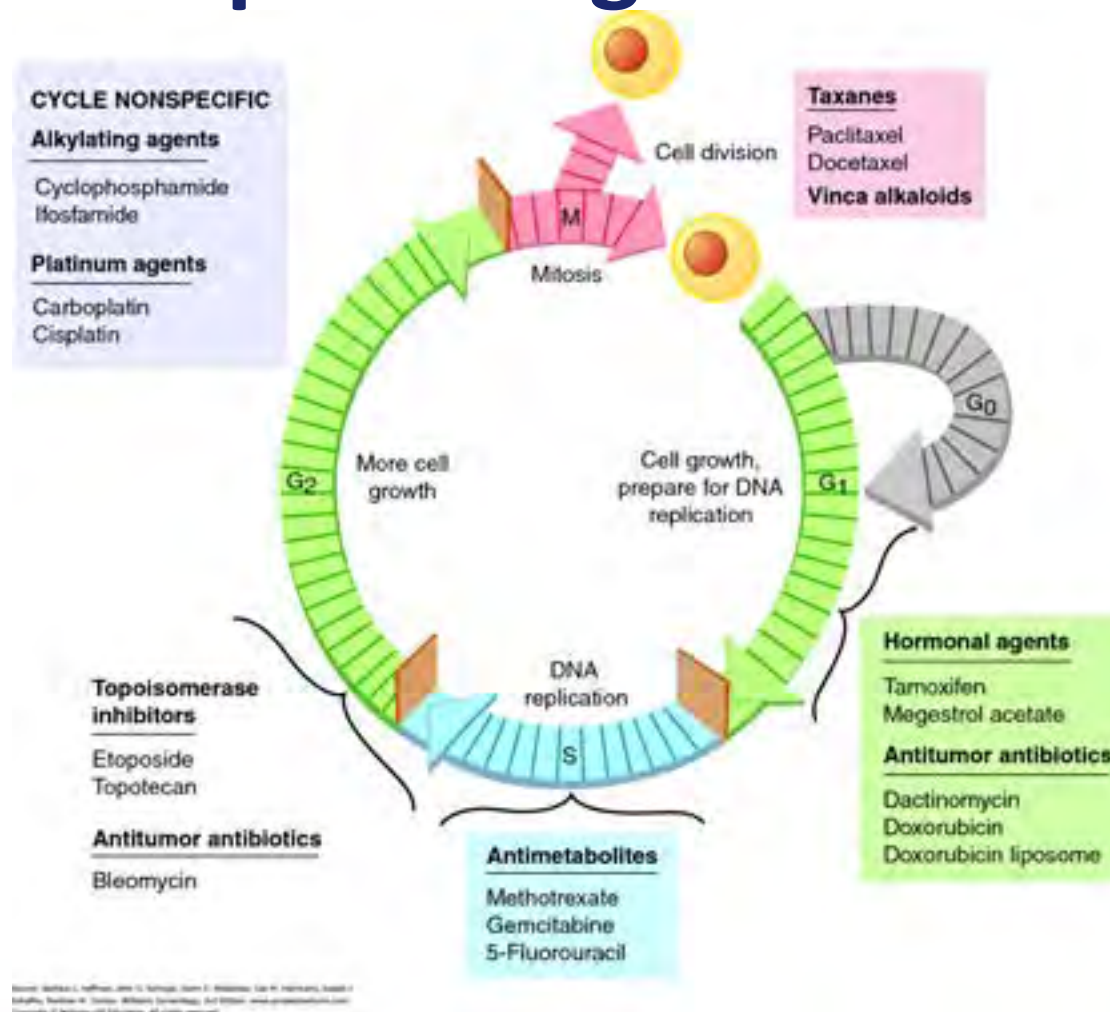
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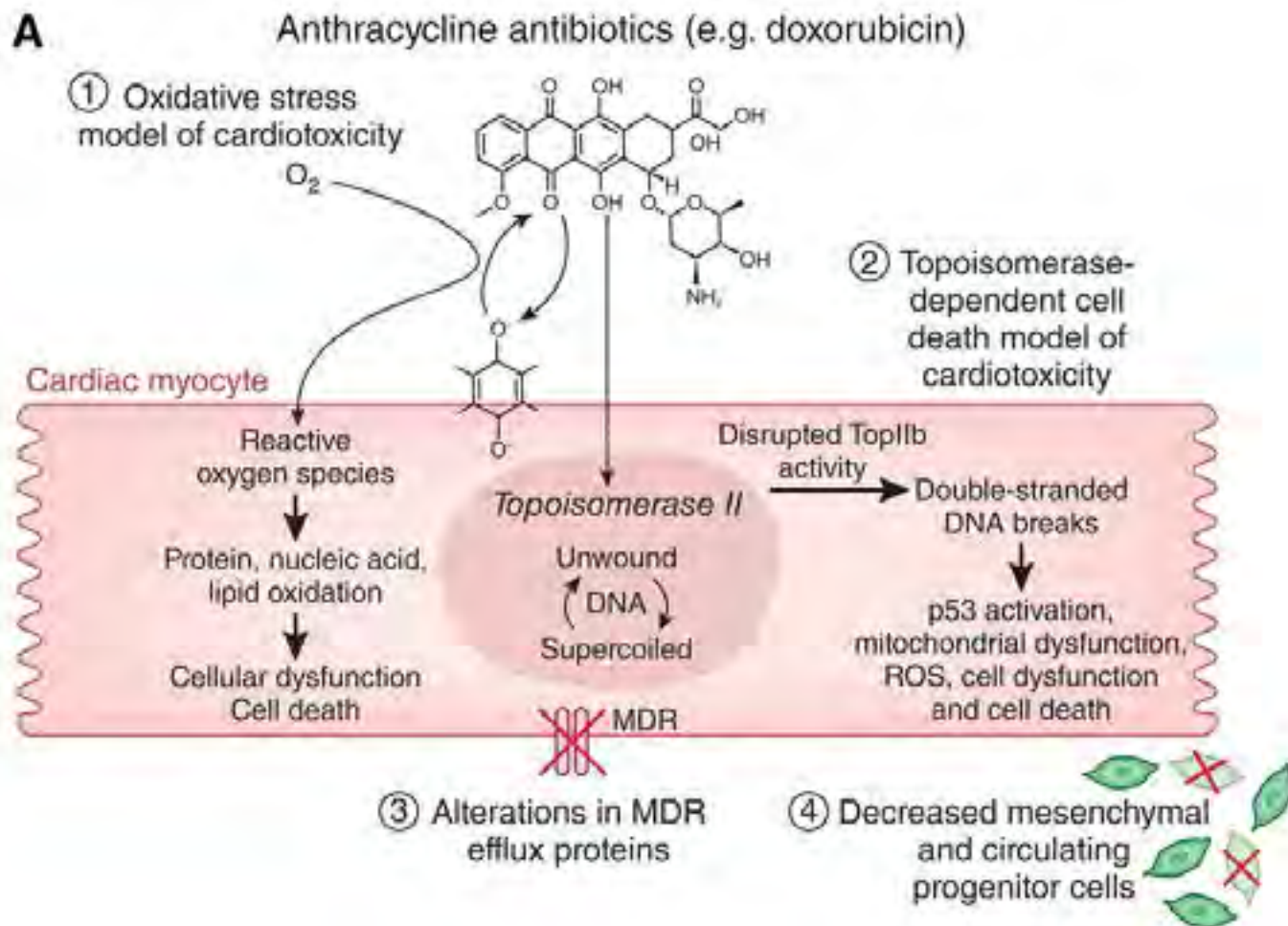
Chemotherapeutic Agents



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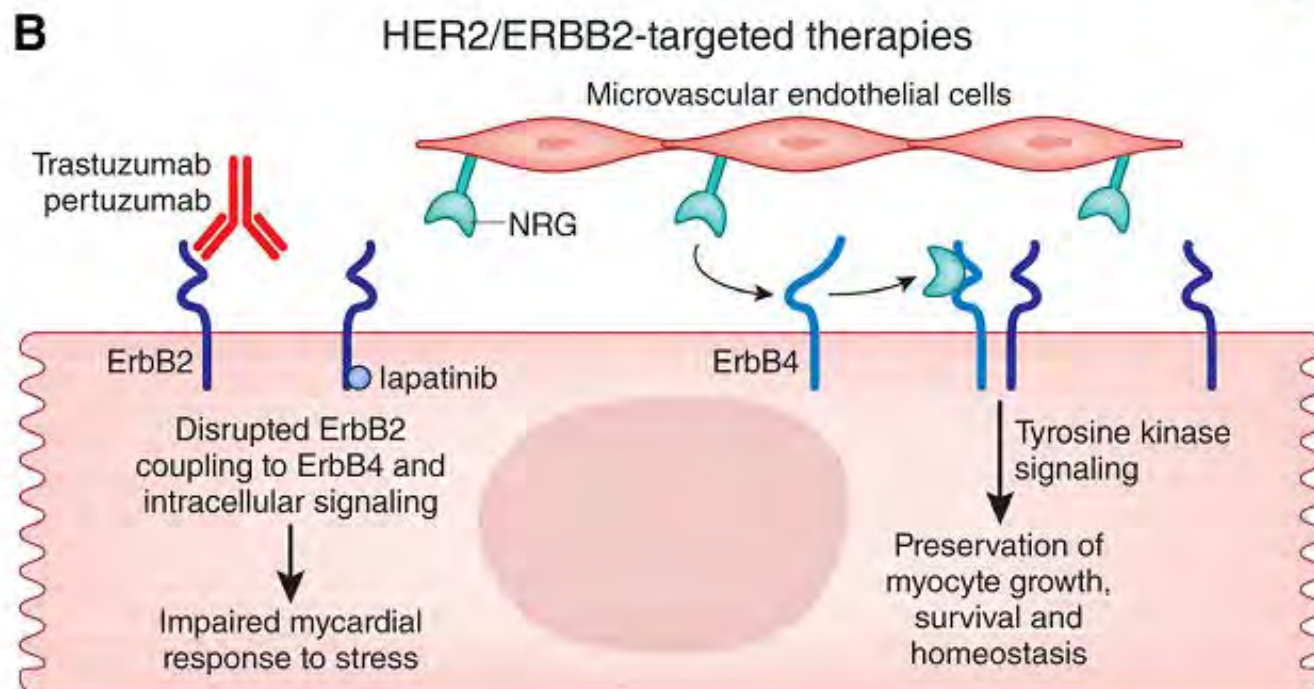
Anthracycline Induced Cardiotoxicity



Carrie G. Lenneman, and Douglas B. Sawyer Circ Res. 2016;118:1008-1020



HER2/ERBB2- Targeted Therapies

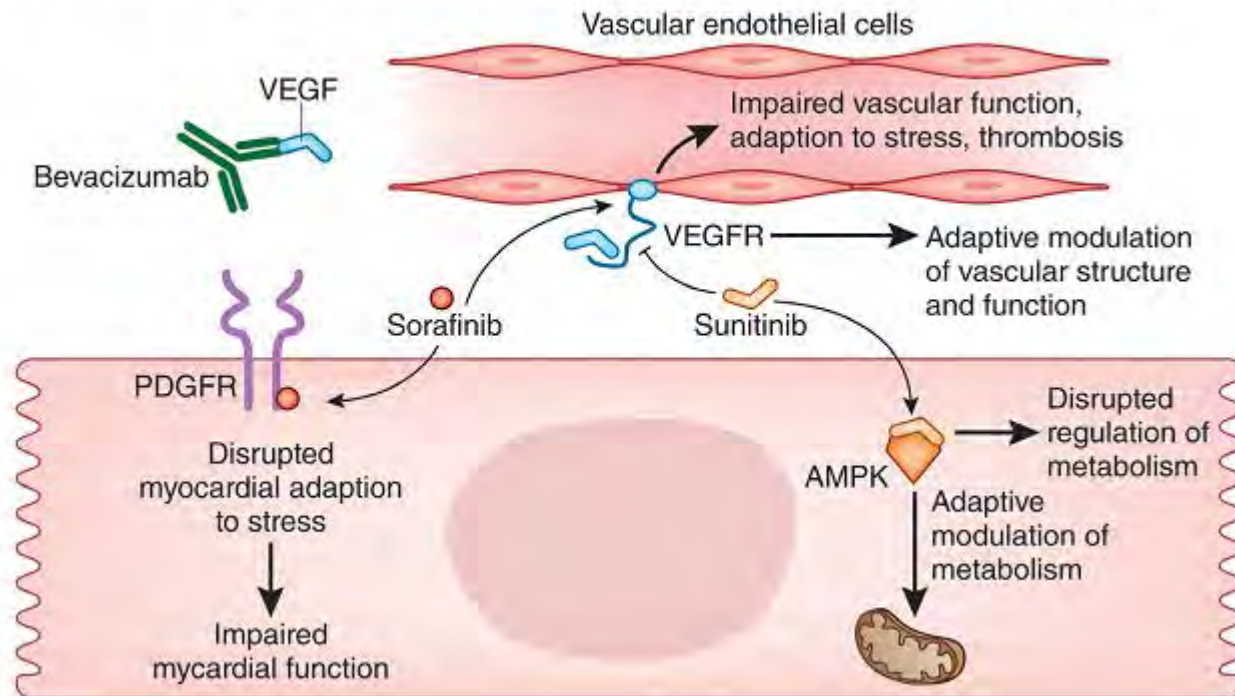


Carrie G. Lenneman, and Douglas B. Sawyer *Circ Res.* 2016;118:1008-1020



Small-molecule tyrosine kinase and VEGF inhibitors

C Multi-targeted tyrosine kinase inhibitors/VEGF-targeted therapies



Carrie G. Lenneman, and Douglas B. Sawyer *Circ Res.* 2016;118:1008-1020



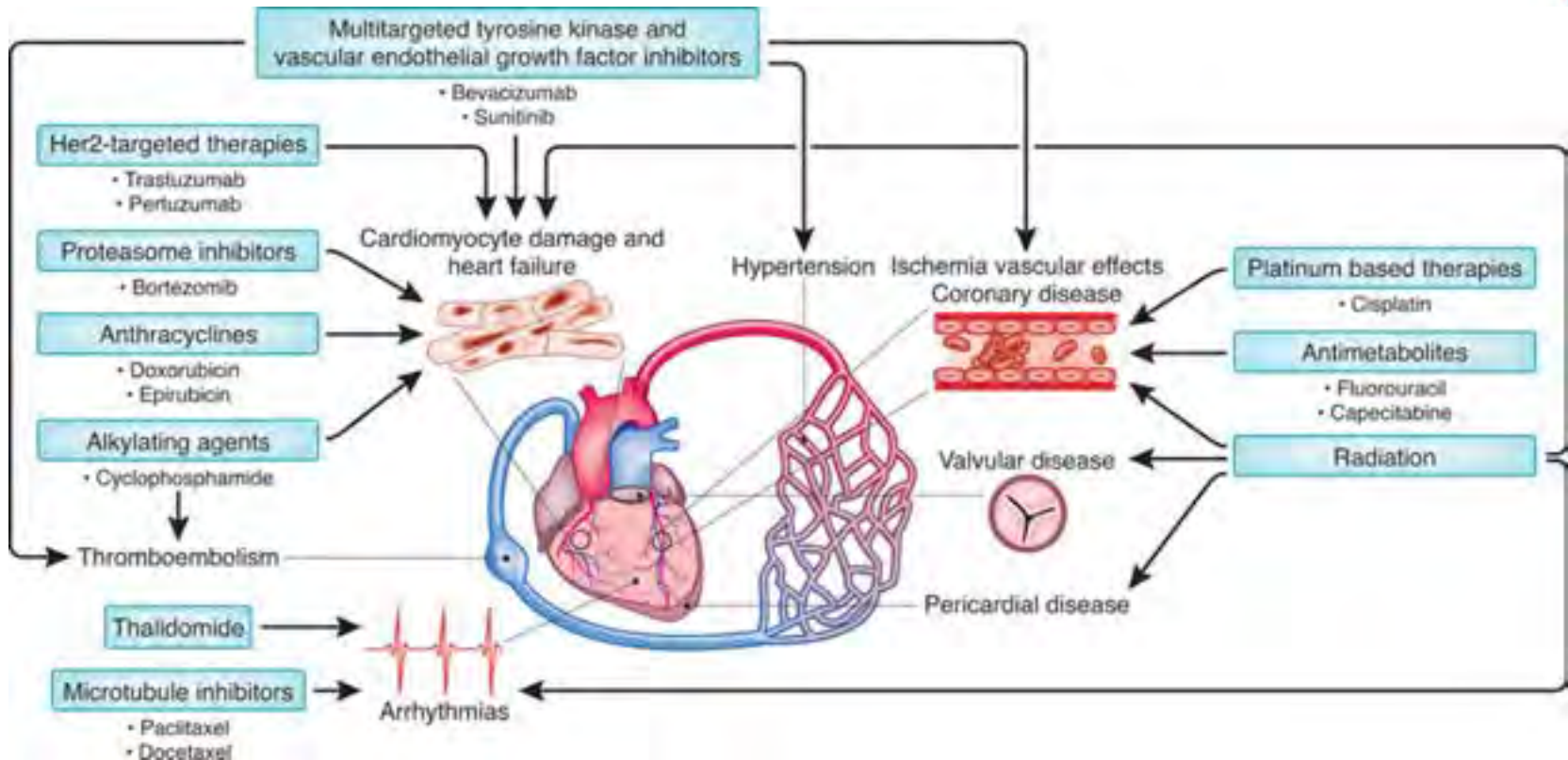
Cardiovascular Side Effects of Chemotherapy and Radiation



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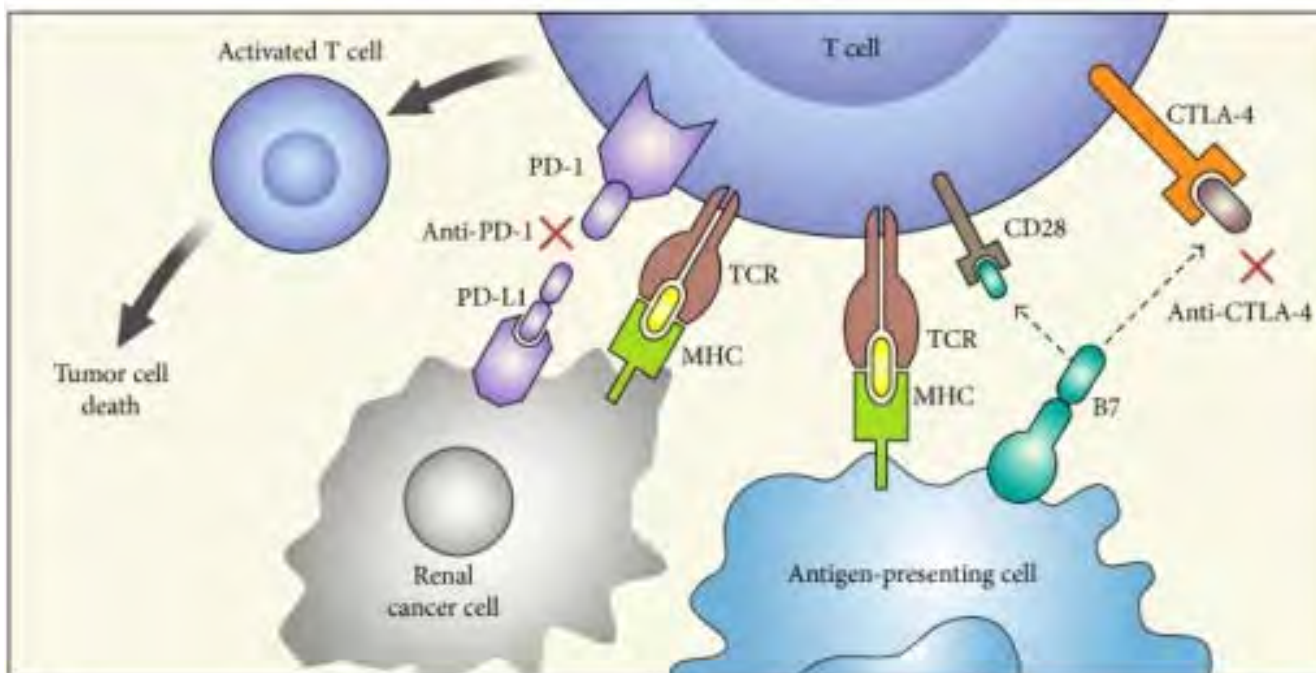


Carrie G. Lenneman, and Douglas B. Sawyer Circ Res. 2016;118:1008-1020



Fulminant Myocarditis with Combination Immune Checkpoint Blockade

- Checkpoint inhibitors Cytotoxic T-lymphocyte antigen 4 (PD-1, CTLA-4)



Biomed Res Int. 2015; 2015: 367354.



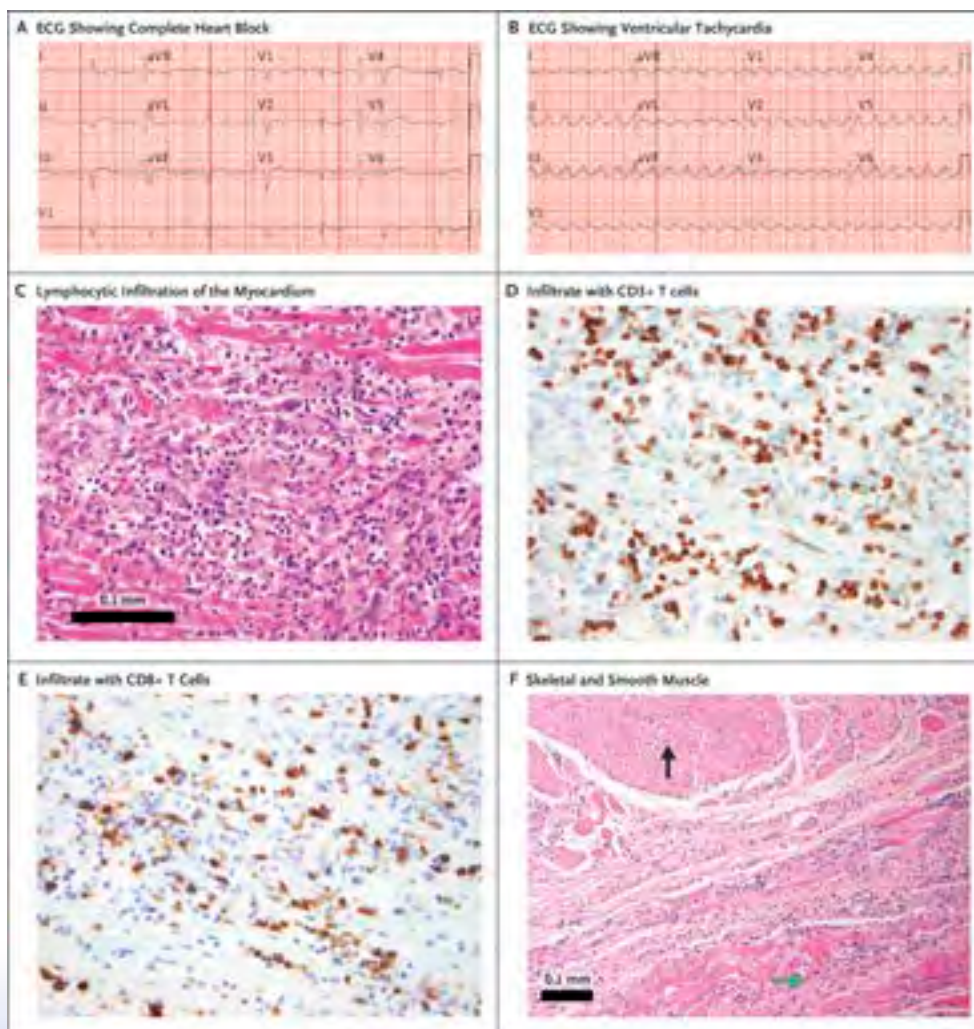
Fulminant Myocarditis with Combination Immune Checkpoint Blockade



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Types Anthracycline Cardiotoxicity



Acute: vasodilation, hypotension, arrhythmias

Early onset : acute myocyte damage with associated left ventricular dysfunction and less commonly pericarditis

Late Onset Cardiotoxicity

Occult: Structural heart disease without signs and symptoms of heart failure, occurs at least a year after exposure to AC

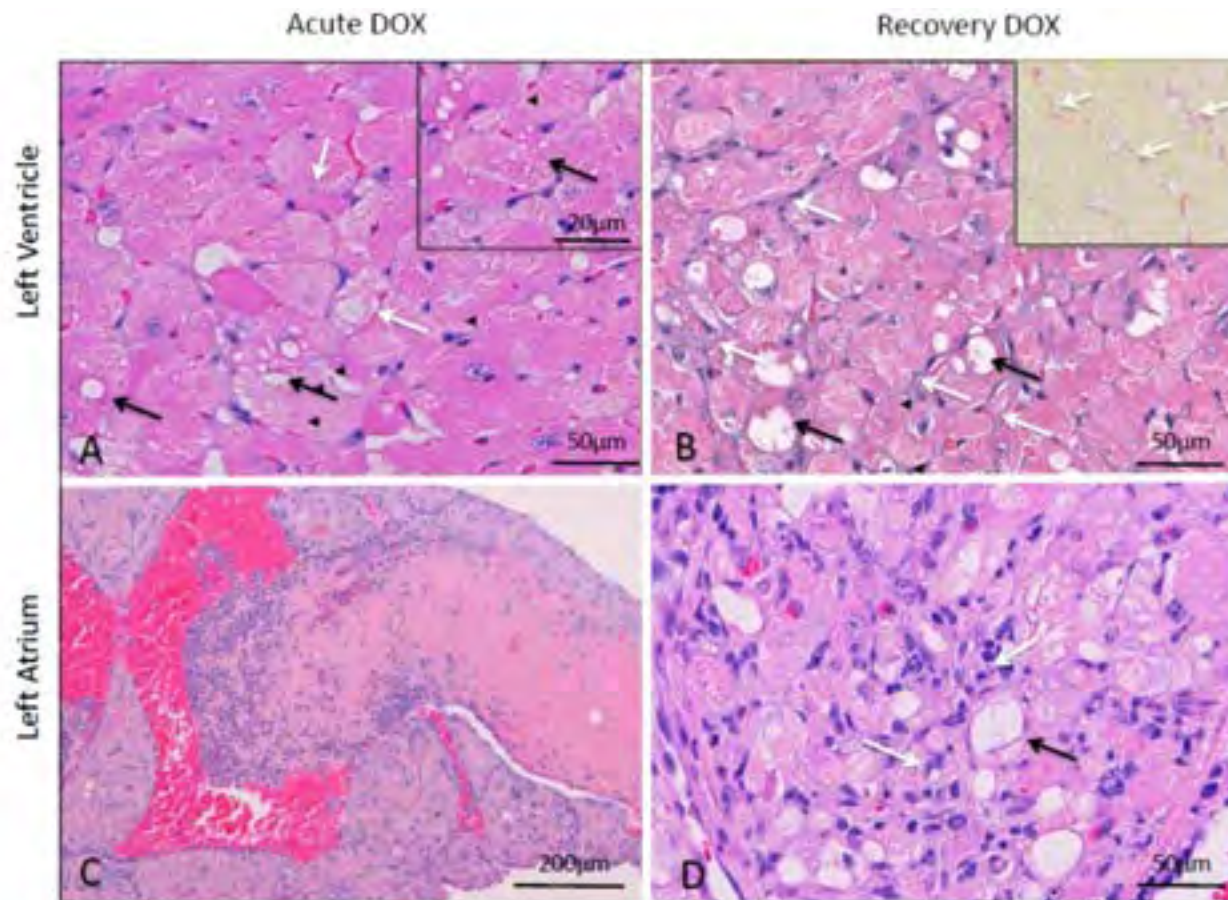
Clinically Evident: 10-20 years after the termination of therapy

Ferrans VJ. Cancer Treat Rep 1978 Jun;62(6):955-61.

Pathology Section, National Heart, Lung and Blood Institute, NIH, Bethesda, MD 20892, USA



Anthracycline Induced Cardio-toxicity



Zeiss C, Gatty D, Toro-Salazar et al, manuscript in progress



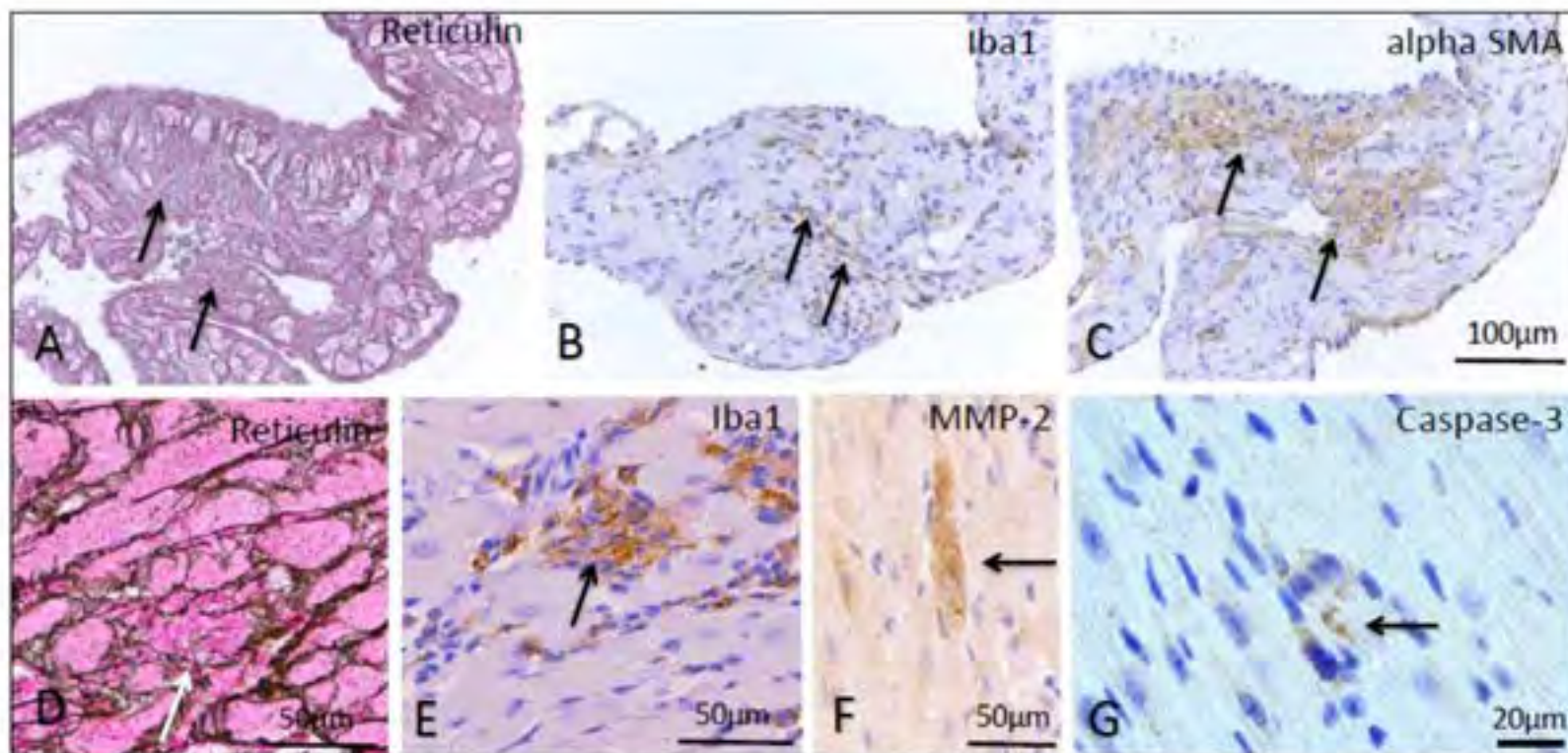
Chronic Cardiotoxicity



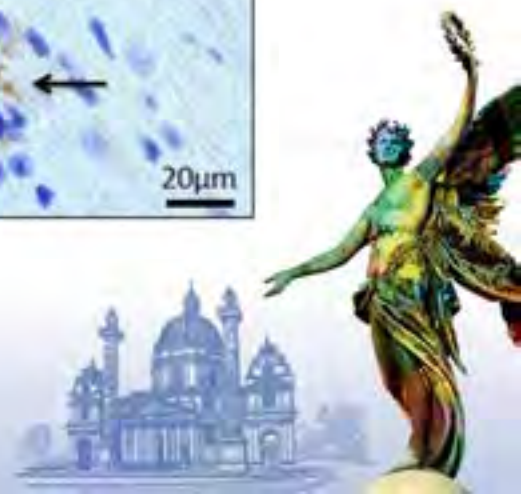
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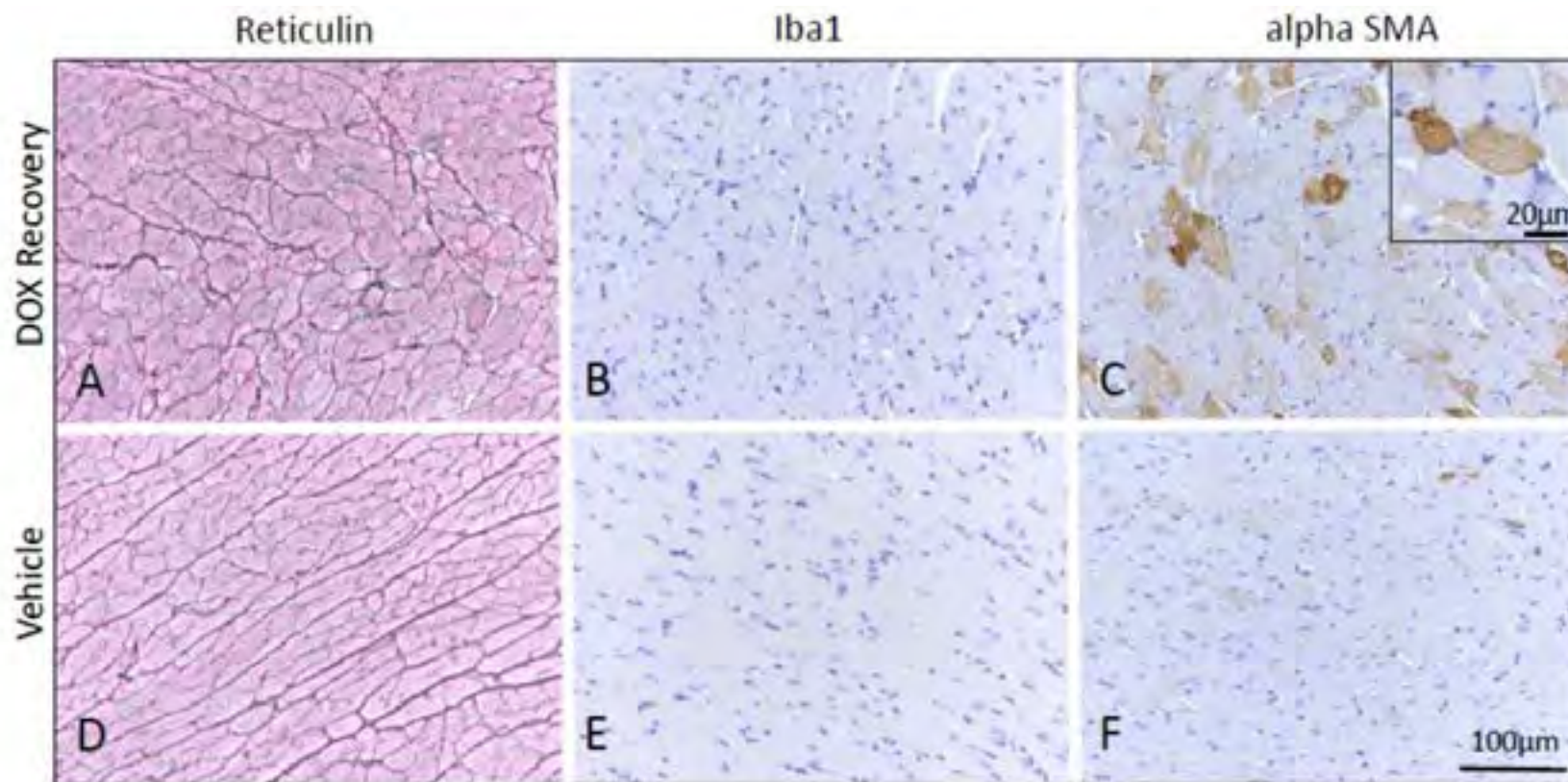
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Zeiss C, Gatty D, Toro-Salazar et al, manuscript in progress



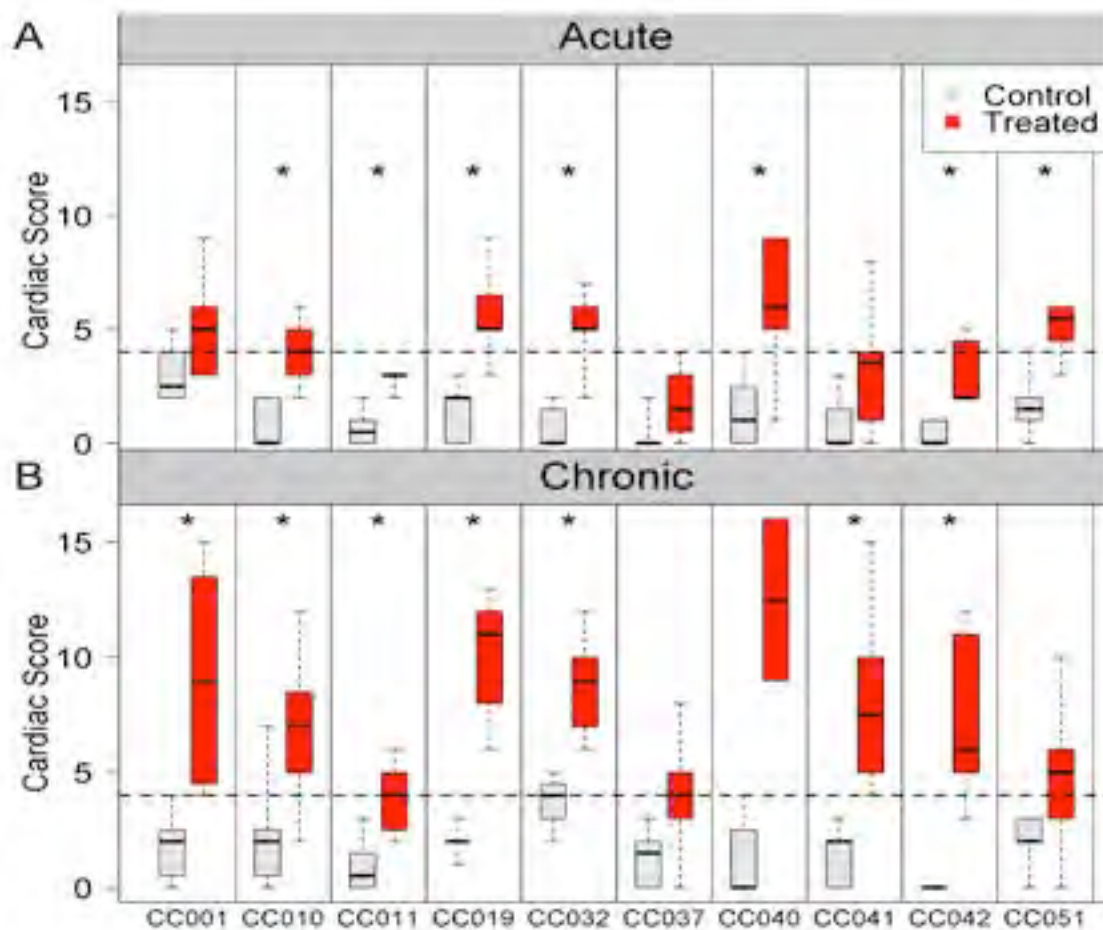
Diffuse Cardiac Fibrosis in AIC



Zeiss C, Gatty D, Toro-Salazar et al, manuscript in progress



Genetic Diversity in AIC

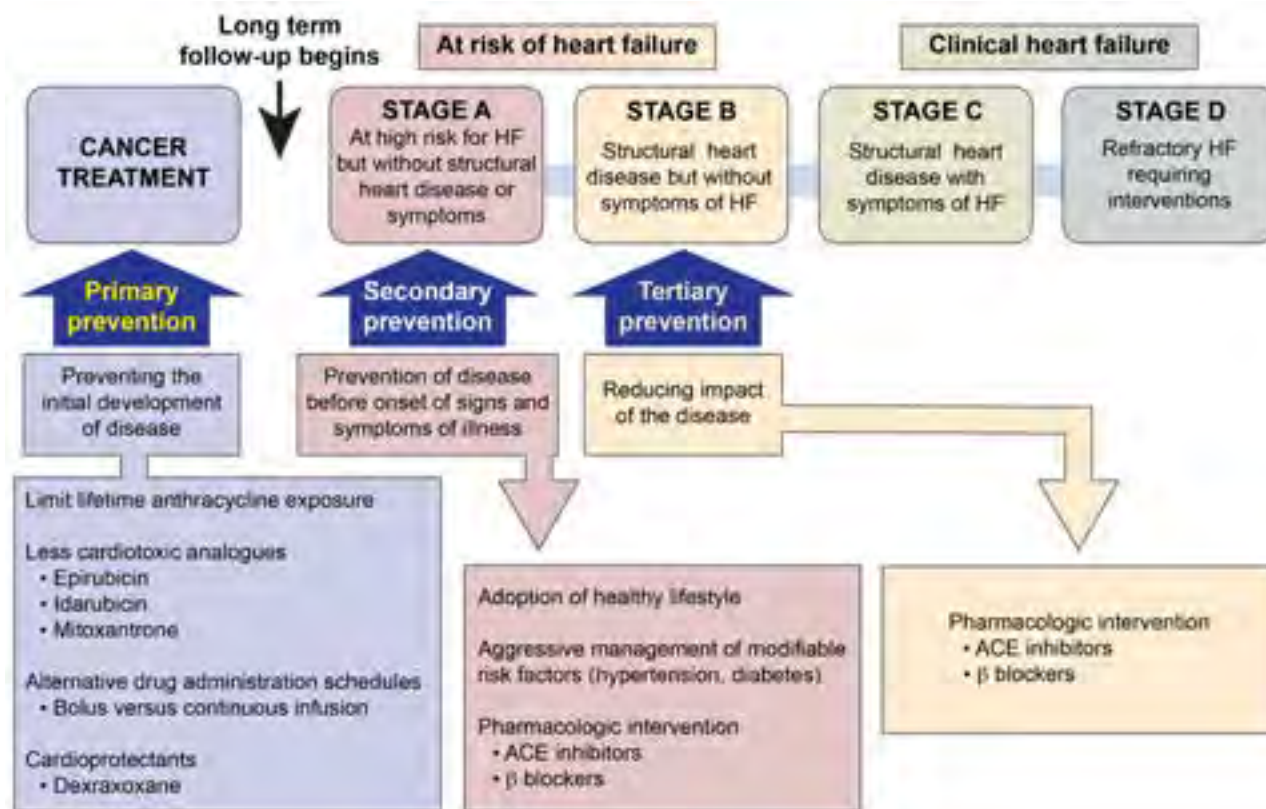


Zeiss C, Gatty D, Toro-Salazar et al, manuscript in progress

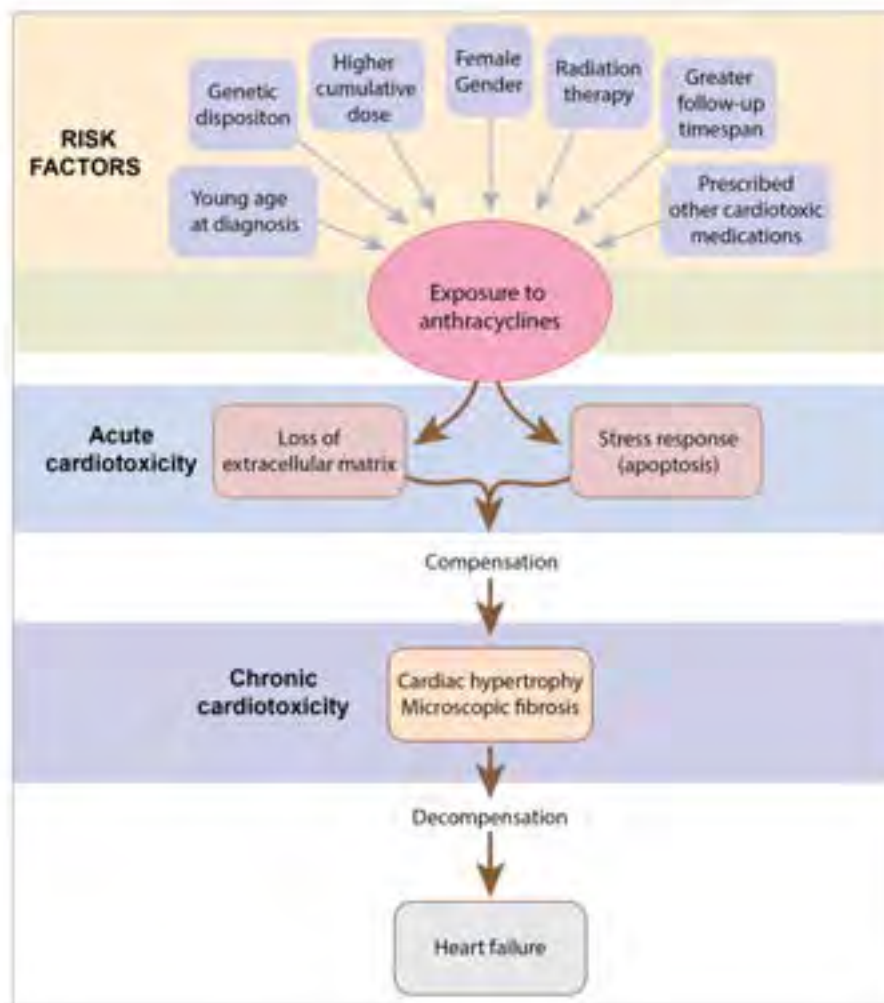
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Stages in the development of HF and recommended therapy by stage based on published guidelines (ACC/AHA)



Cardiotoxicity Model




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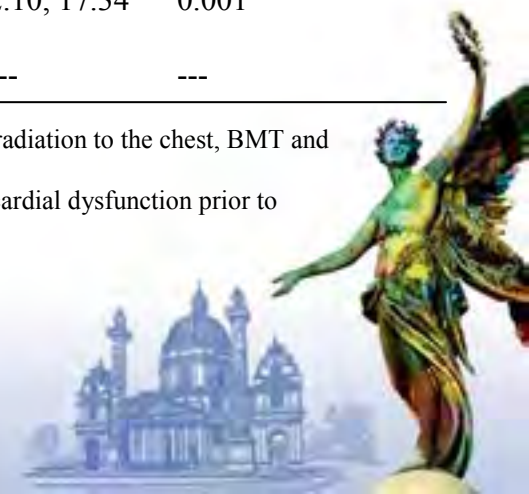
The Effect of Risk Factors on Development of Persistent Cardiomyopathy

Risk Factors	Unadjusted OR	95% CI	p-value	Adjusted OR	95% CI	p-value
Years post-chemo	0.93	0.86, 1.01	0.09	---	---	---
Age at Diagnosis	1.06	0.99, 1.14	0.11	---	---	---
Gender	0.63	0.25, 1.60	0.33	---	---	---
Cumulative dose	1.00	1.00, 1.01	0.16	---	---	---
Radiation to chest	3.16	1.17, 8.54	0.02	2.33	0.77, 6.96	0.13
Vinca Alkaloids	1.01	0.33, 3.09	0.99	---	---	---
BMT	4.66	1.71, 12.76	0.003	4.17	1.37, 12.69	0.01
Previous heart disease†	5.05	1.84, 13.85	0.002	6.04	2.10, 17.34	0.001
Cardio-protective drugs	1.92	0.42, 8.67	0.40	---	---	---

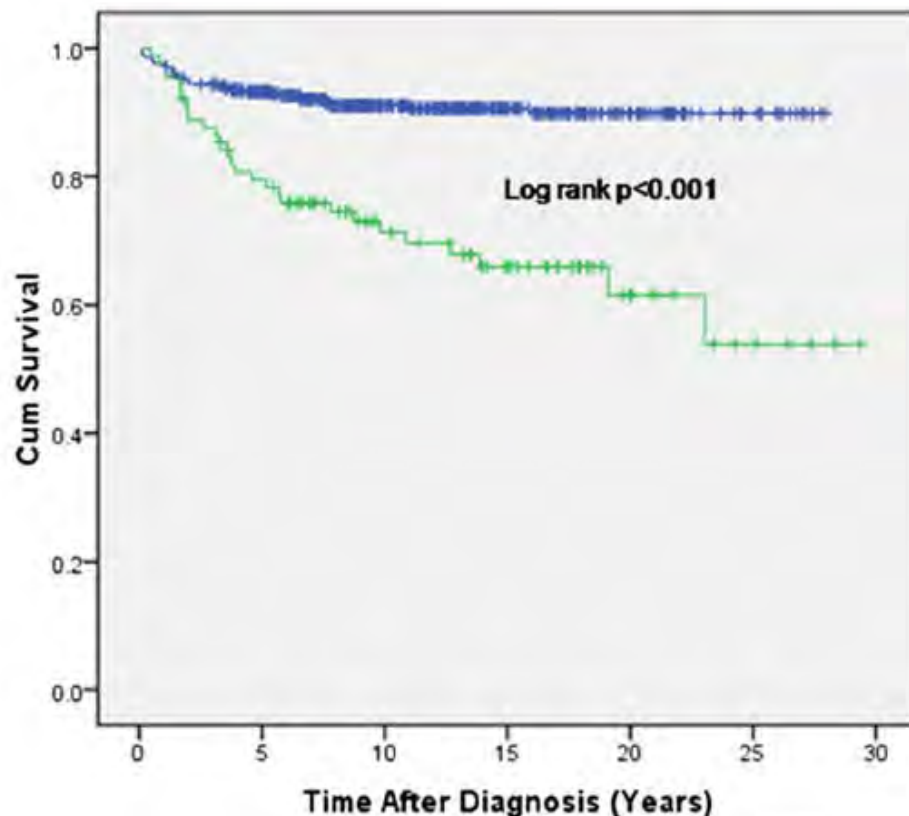
*The 3 significant risk factors upon univariate analysis were selected as covariates for the multiple logistic regression model (radiation to the chest, BMT and previous heart disease)

†Previous heart disease defined as: presence of congenital heart disease, pericardial effusion/tamponade, SVC syndrome, myocardial dysfunction prior to chemotherapy.

Toro-Salazar et al. Cardio-Oncology. 2015;1(1).



Effect of Previous Myocardial Dysfunction on Survival



- SF>29%: Cumulative survival was 88% at 10 yrs from diagnosis, 85 % at 15 yrs, 84 % at 20 yrs, and 82 % at 25 yrs in subjects with SF >29%
- SF<29%: Cumulative survival of 71 % at 10 years, 66 % at 15 yrs 62 % at 20 yrs and 54 % at 25 yrs in subjects with SF < 29 %

Toro-Salazar et al. Cardio-Oncology. 2015;1(1).



The Effect of Risk Factors on All Cause Mortality

Risk Factors ^{1*}	Unadjusted OR	95% CI	p-value	Adjusted OR	95% CI	p-value
Years post-chemo	0.62	0.54, 0.70	<0.001	0.62	0.54, 0.71	<0.001
Age at Diagnosis (yrs)	1.05	1.01, 1.10	0.02	0.94	0.87, 1.02	0.12
Gender	0.69	0.42, 1.16	0.16	---	---	---
Cumulative dose	3.77	2.12, 6.71	<0.001	3.17	1.14, 8.85	0.03
Radiation to chest	1.32	0.66, 2.67	0.43	---	---	---
Vinca Alkaloids	0.32	0.19, 0.54	<0.001	0.37	0.13, 1.08	0.07
Previous SF < 29%	4.52	2.62, 7.79	<0.001	6.54	2.40, 17.81	<0.001
BMT	4.21	2.19, 8.09	<0.001	5.22	1.57, 17.37	0.007
Previous heart disease	1.66	0.76, 3.61	0.20	---	---	---
Cardio-protective drugs	0.71	0.21, 2.39	0.58	---	---	---
Solid Tumor Diagnosis	3.2	1.94, 5.42	<0.001	4.13	1.72, 9.87	0.001

¹ Risk factors for cardiotoxicity include increased length of post-chemotherapy interval (years), younger age at diagnosis, female gender, total cumulative dose ≥ 240 mg/m², radiation therapy to the chest, treatment with vinca alkaloids, previous shortening fraction < 29%, bone marrow transplant, previous heart disease, non-use of cardio-protective drugs, solid tumor diagnosis

*The 7 significant risk factors upon univariate analysis were selected as covariates for the multiple logistic regression model (increased length post-chemotherapy interval, younger age at diagnosis, total cumulative dose anthracyclines > 240 mg/m², use of vinca alkaloids, previous SF < 29%, BMT, and solid tumor diagnosis)

Toro-Salazar et al. Cardio-Oncology. 2015;1(1).



Risk Stratification

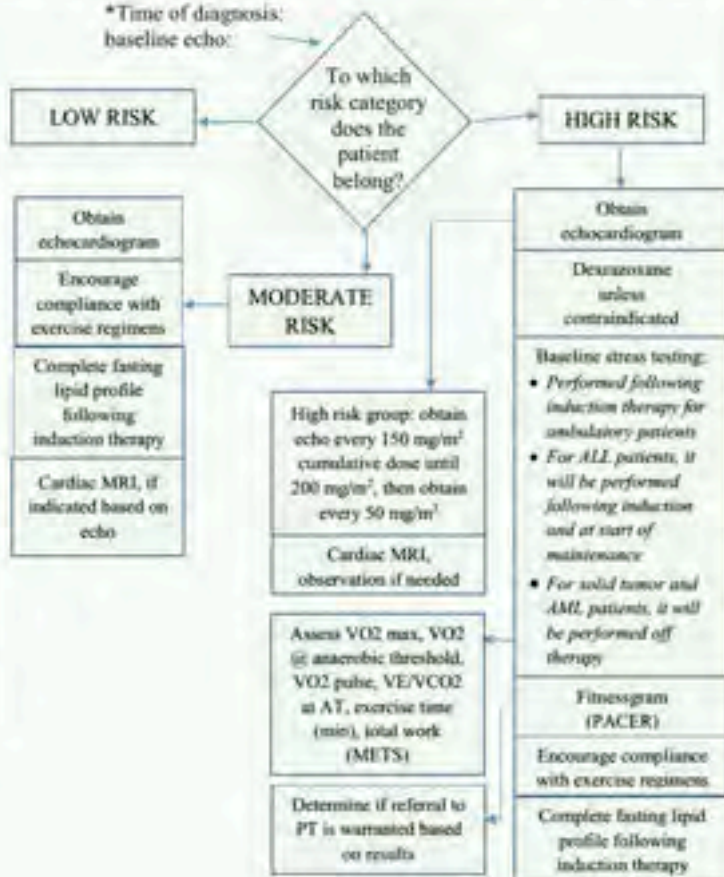


CLINICAL CARE PATHWAY

Cardiac Care Guidelines for Chemotherapy Patients

This is a recommended algorithm that applies to patients receiving cardiotoxic chemotherapy medication

*Time of diagnosis:
baseline echo:



Minor risk categories:

BMI

- BMI < 85th %ile: 0
- BMI 85th to < 95th %ile: 0.5
- BMI ≥ 95th %ile: 1
- BMI ≥ 120% of 95th %ile OR Absolute BMI ≥ 35, whichever is lower based on age and sex: 1.5

LIPIDS

- Normal (LDL-c < 110, Non HDL-c < 120, AND triglycerides < 150): 0
- Low-Moderate Risk (LDL-c 110-129, OR Non HDL-c 120-144, OR triglycerides 150-199): 0.5
- High Risk (LDL-c ≥ 130, OR Non HDL-c ≥ 145, OR triglycerides ≥ 200): 1

Pre-diabetes/Diabetes

- Normal glucose/A1c (Fasting: <100, 2-hr OGTT: <140, or HbA1c: <5.7%): 0
- Pre-diabetes (Fasting: 100-125, 2hr OGTT: 140-199, or HbA1c: 5.7-6.4%): 0.5
- Diabetes (Fasting: ≥126, 2-hr OGTT: ≥200, or HbA1c: ≥6.5%): 1

Sedentary lifestyle

- No sedentary lifestyle: 0
- Sedentary lifestyle: 1

* Based on dexamethasone or equivalent doses

Major risk categories:

Age

- ≥5 years: 0
- 1-4 years: 1
- <1 year: 2

Gender

- Male: 0
- Female: 1

Radiation (to heart region)

- None: 0
- <30 Gy: 1
- 30-40 Gy: 2
- >40 Gy: 3

Alkylating agents

- None: 0

Vinca alkylating

- None: 0

Anthracycline cumulative dose

- <101 mg/m²: 0
- 101 to 150 mg/m²: 1
- 151 to 200 mg/m²: 2
- 201 to 250 mg/m²: 3
- 251 to 300 mg/m²: 5
- > 300 mg/m²: 8

High dose Cyclophosphamide

- None: 0

Cyclophosphamide

- None: 0

Previous heart disease

- None: 0
- Affecting myocardium: 1
- Affecting myocardium: 2

Iron overload

- No: 0
- Yes: 1

Hypertension

- Normal: 0
- Elevated/Pre-Hypertension: 1
- Stage 1: 2
- Stage 2: 3

Bone Marrow Transplant

- None: 0
- Autologous: 1
- Allogeneic: 2

Congestive Heart Failure

- No: 0
- Yes: 1

TOTAL SCORE

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Cancer Therapeutics–Related Cardiac Dysfunction (CTRCD)

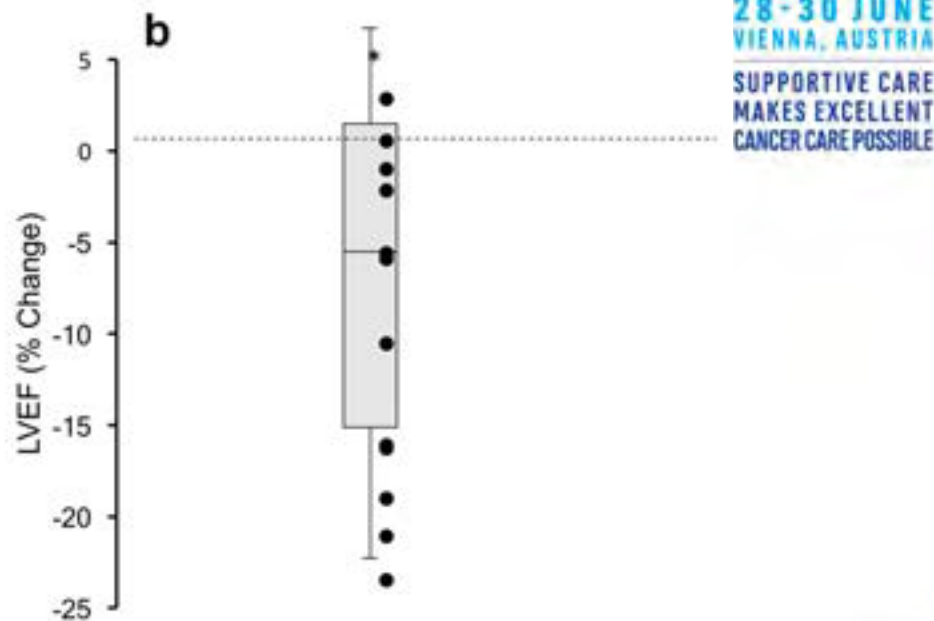
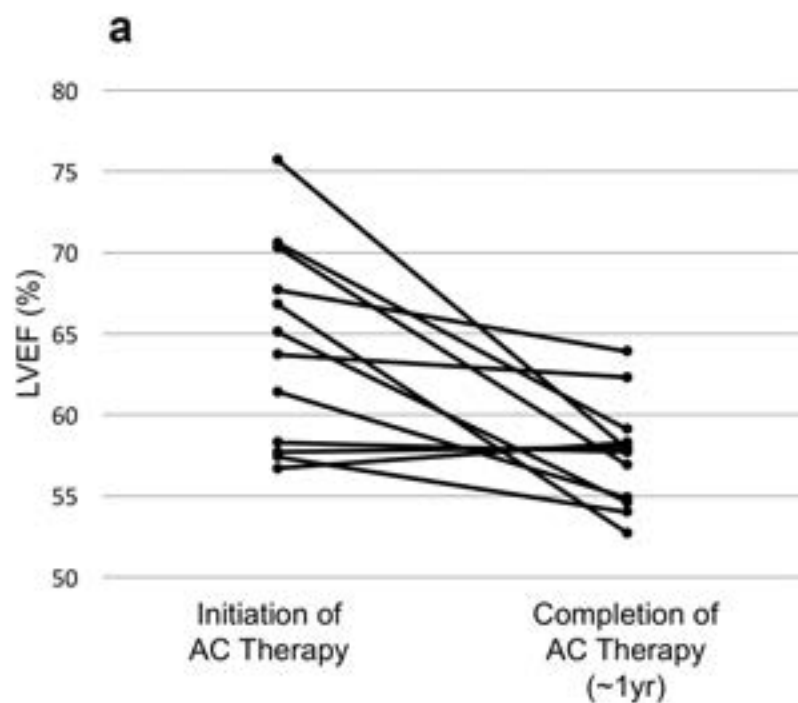


- CTRCD defined as a decrease in the LVEF of >10 percentage points, to a value <53% (normal reference value for two-dimensional (2D) echocardiography (2DE) in adults
- No pediatric guidelines available
- Need to go beyond quantification of EF to evaluation of myocardial deformation and adaptive microstructural and microvascular changes

Juan Carlos Plana, et al. Eur Heart J Cardiovasc Imaging. 2014 Oct;15(10):1063-1093



Measurements of Global Systolic Function

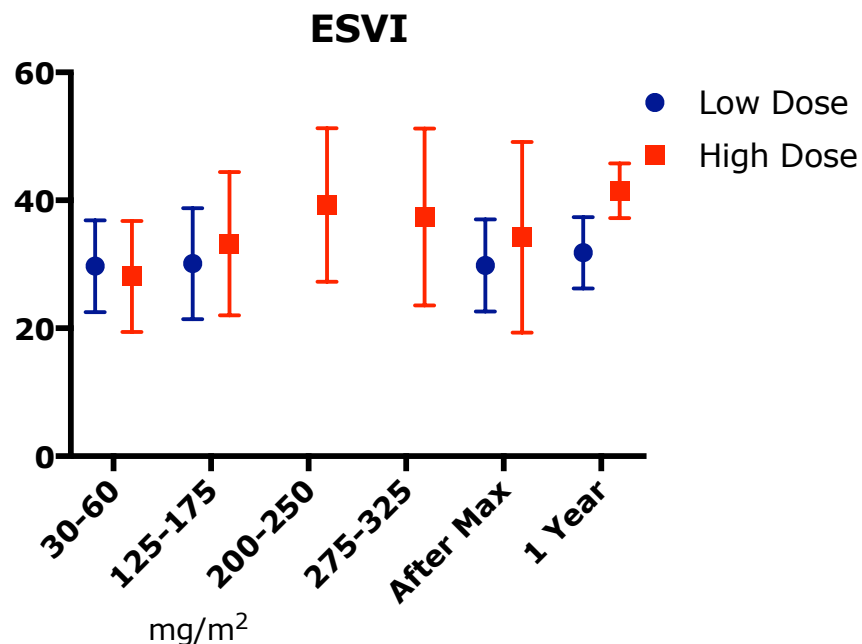
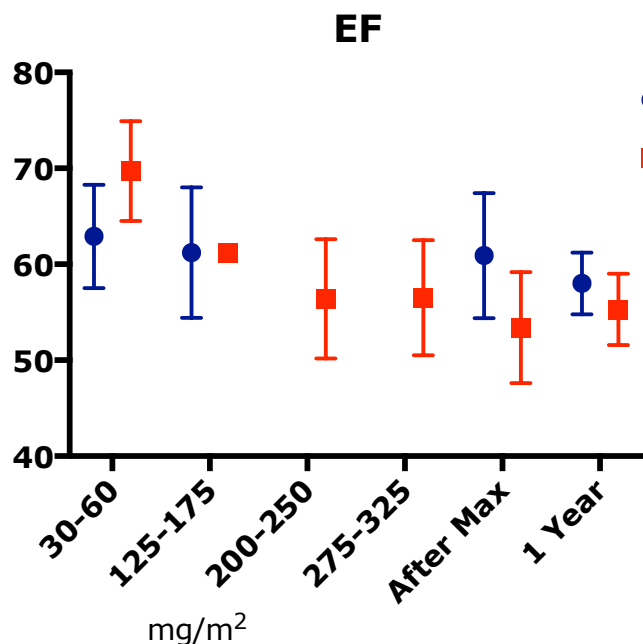


Comparison of LVEF following the initiation of AC vs. one year following completion of AC. **6**
Percent change in LVEF from initiation of AC to one year following completion of AC.

Toro-Salazar et al. Cardiooncology. 2018 ; 4: . doi:10.1186/s40959-018-0030-5.



Early Cardiotoxicity (EF, ESVI)



TCD Low Dose: 158-200 mg/m²
TCD High Dose: 442-450 mg/m²

Toro-Salazar et al. Cardiooncology. 2018 ; 4: . doi:10.1186/s40959-018-0030-5.



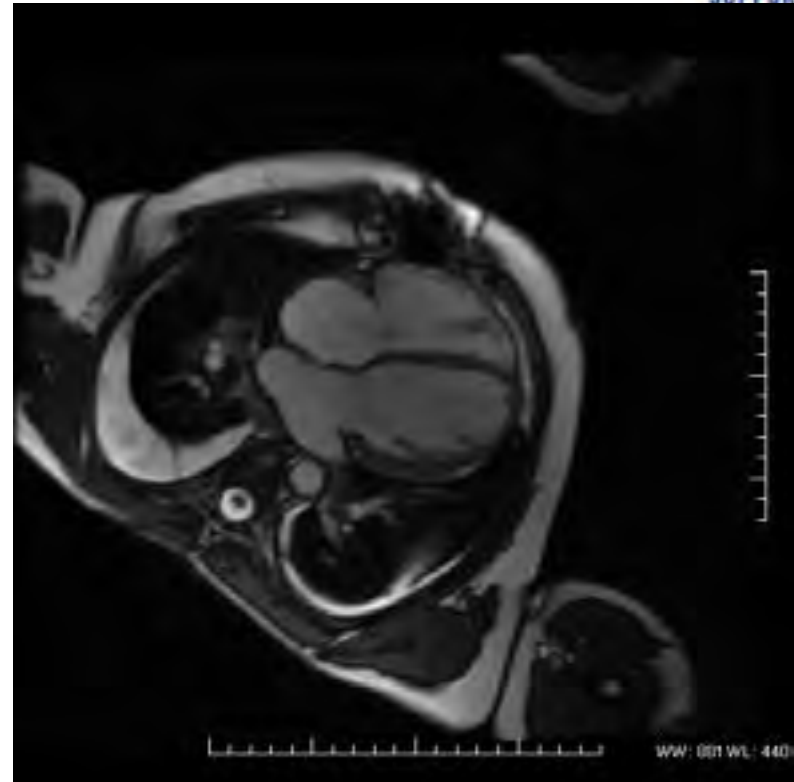
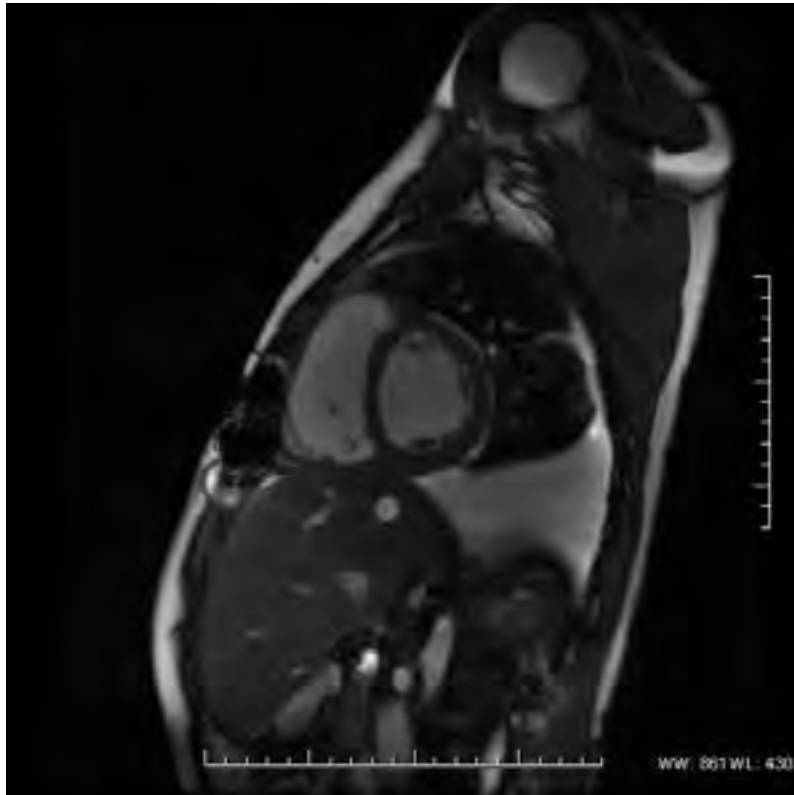
Late Cardiotoxicity



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Olga H. Toro-Salazar et al. Circ Cardiovasc Imaging. 2013;6:873-880

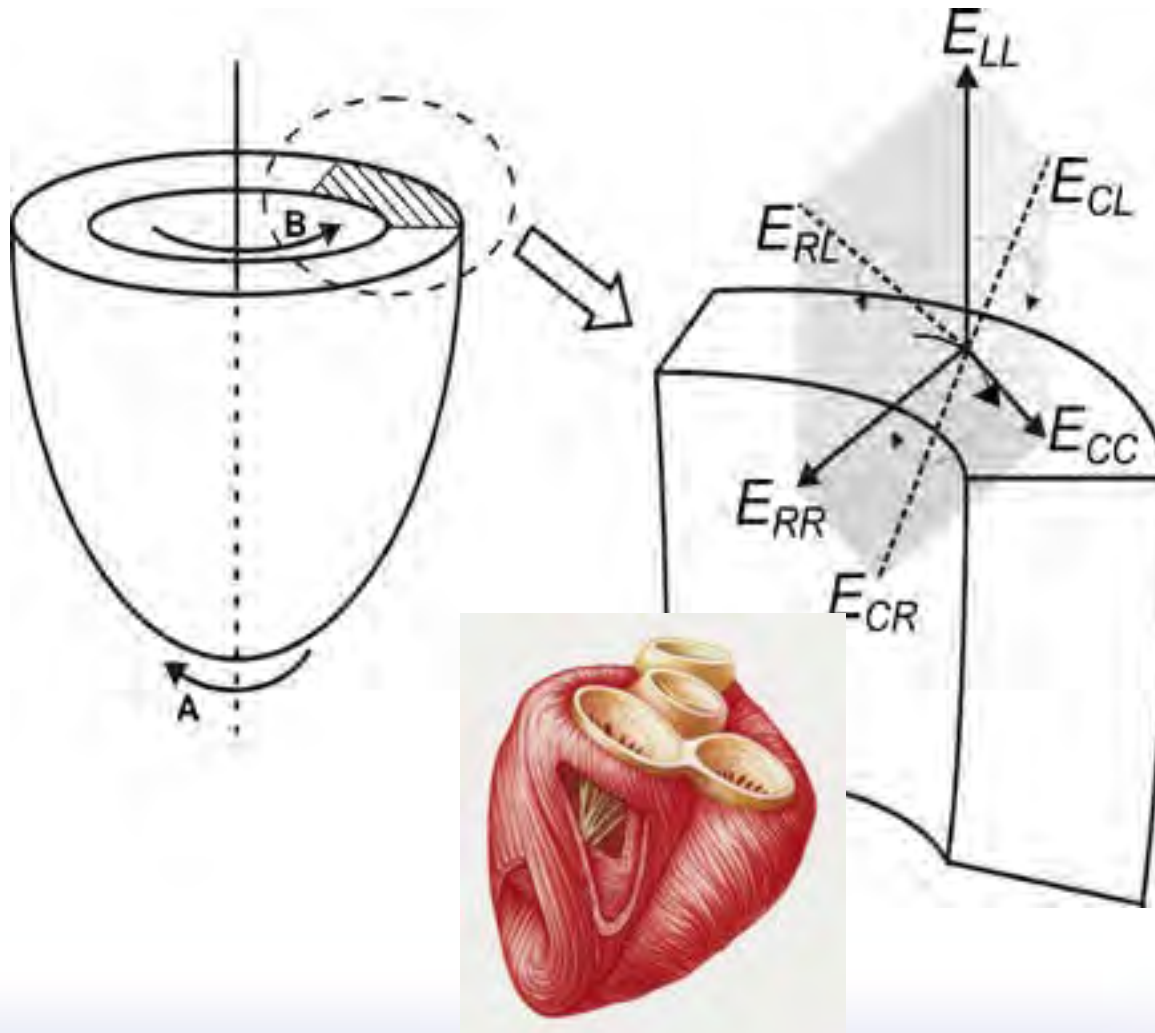


Myocardial Mechanics: Moving beyond the basics (EF limitations)

- EF is the gold standard for global functional assessment
- Does not consider regional contractile dysfunction
- EF insensitive to alterations in regional performance and may conceal underlying regional dysfunction



Myocardial Strain



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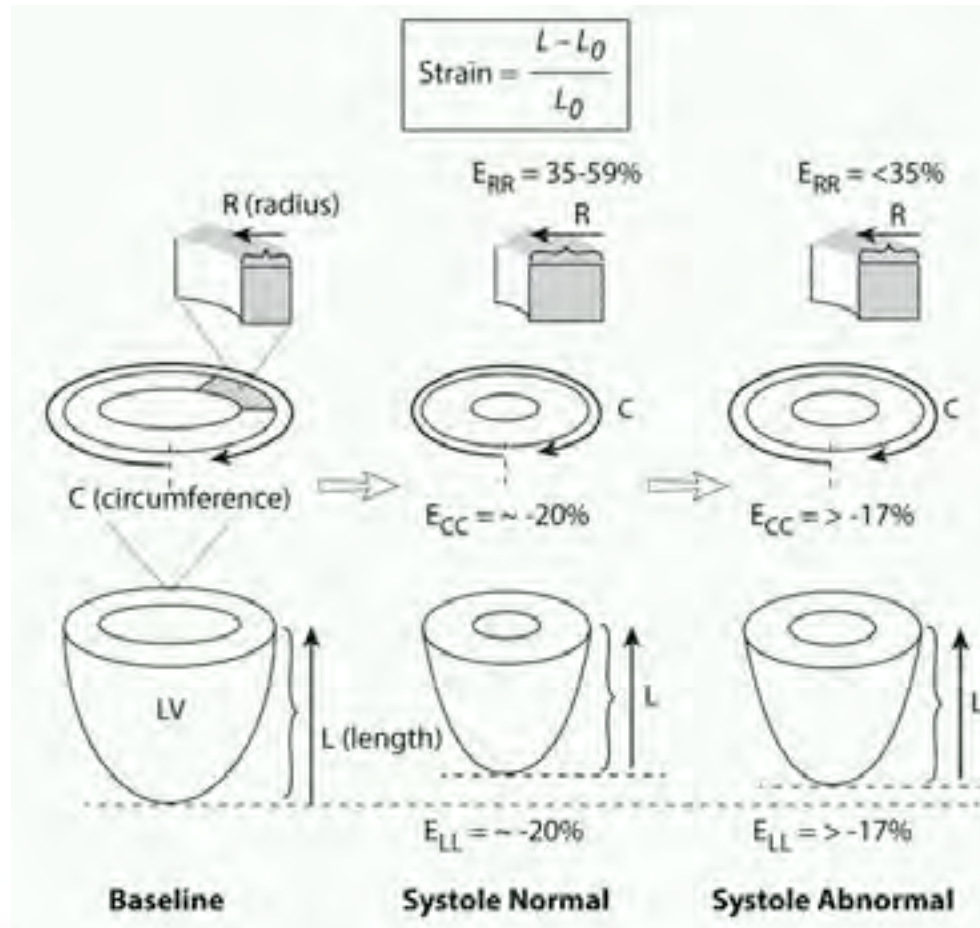
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Shehata et al: *Journal of Cardiovascular Magnetic Resonance* 2009, 11:55



3D Circumferential-radial-longitudinal Coordinate System Used For Strain Calculation

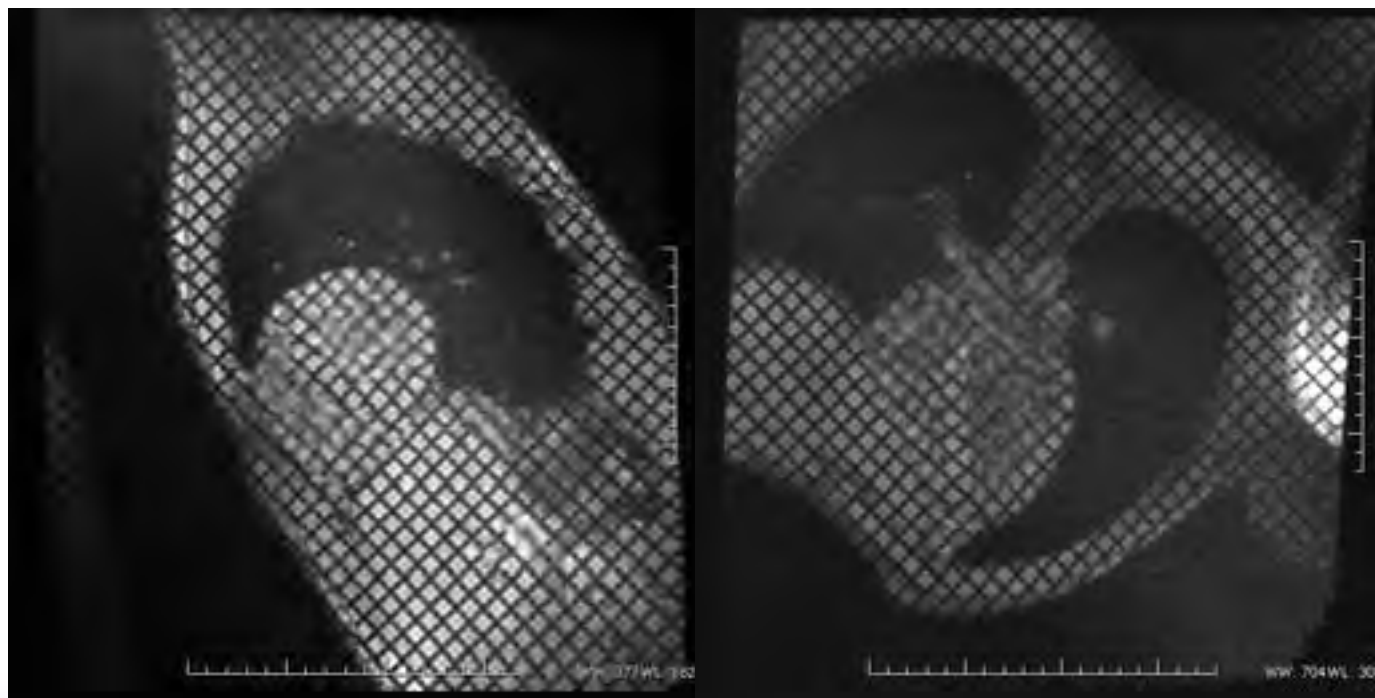


Toro-Salazar et al. Cardiooncology. 2018 ; 4: . doi:10.1186/s40959-018-0030-5.



Myocardial Strain: The Gold Standard by Tagged Imaging

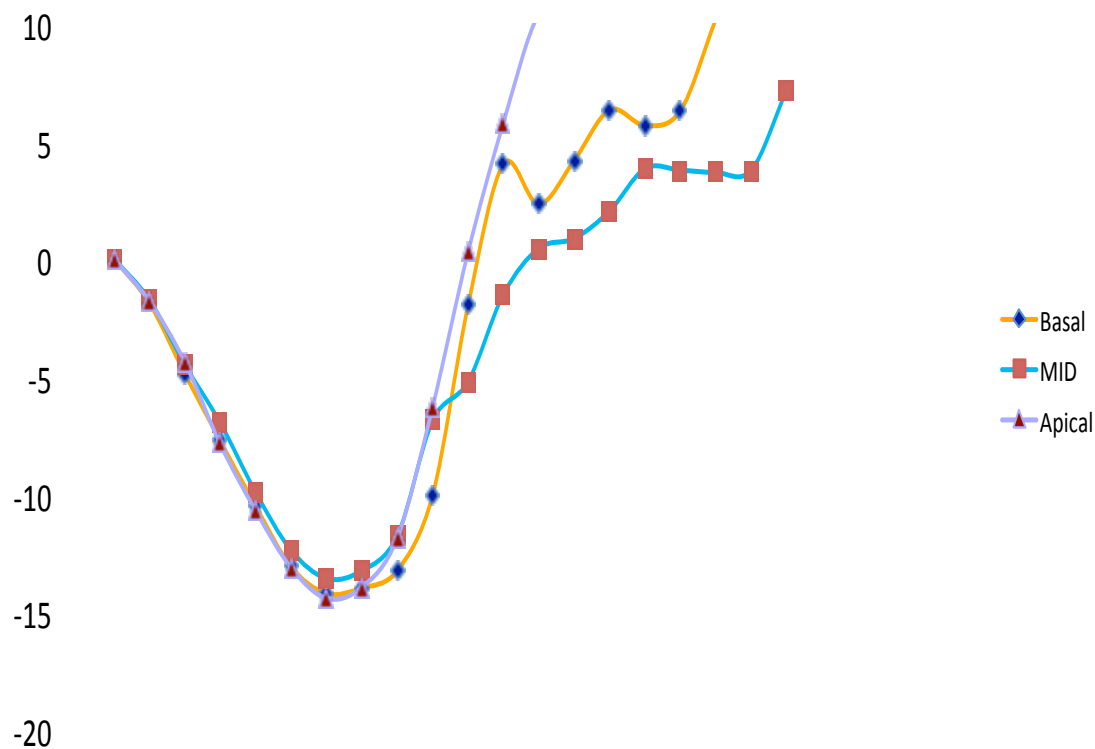
- Zerhouni et al (1988), Axel et al (1989)
- Visualization of myocardial deformation without implanting physical markers



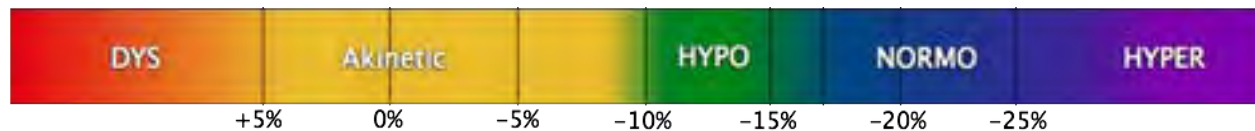
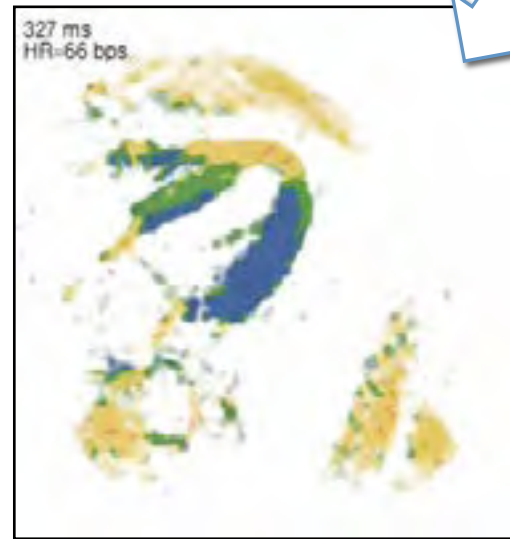
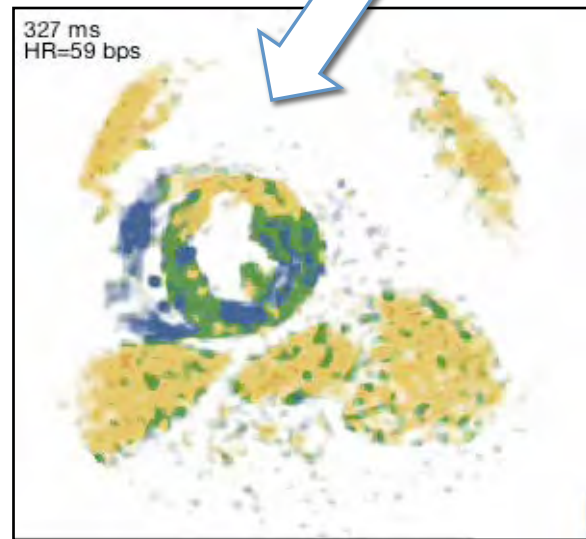
Zerhouni et al, Radiology, 1988; Axel et al, Radiology, 1989



HARP Analysis of SA Tagged-Images



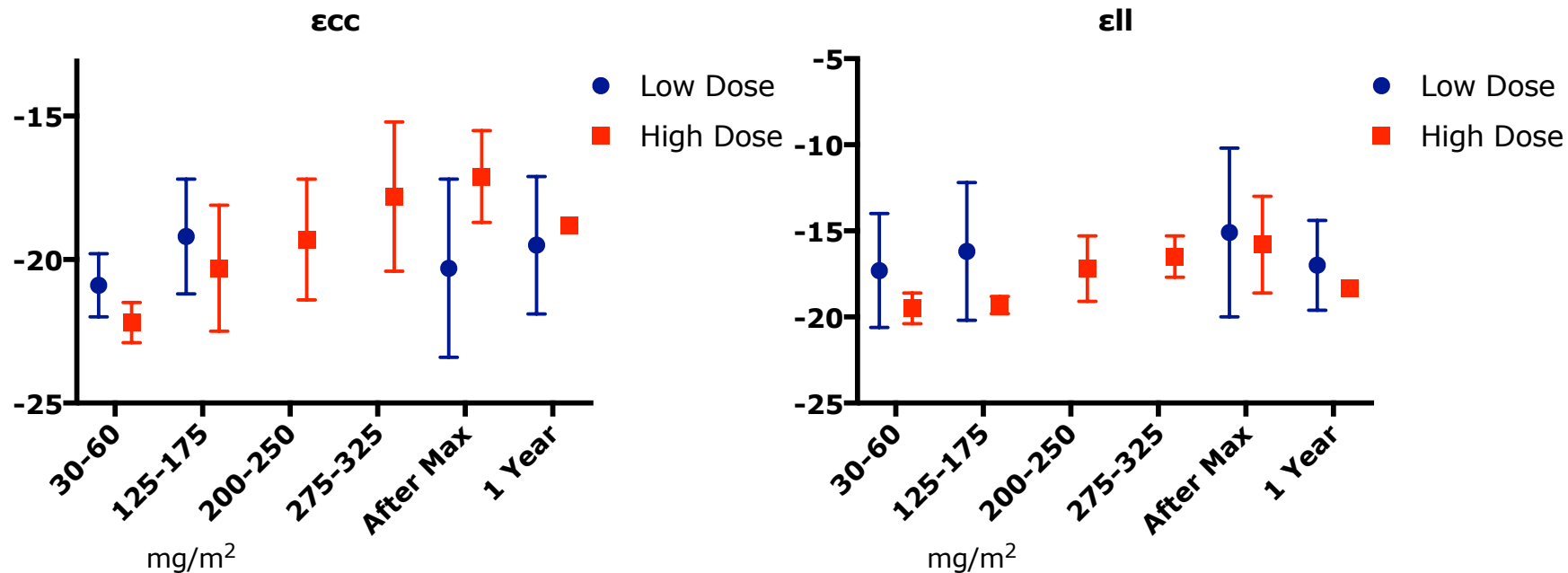
Ultra fast strain imaging with strain-encoding (SENC)



Courtesy from Nael Osman, Ph.D.CTO, Myocardial Solutions, Inc.

- Left Movie: Short-axis view shows longitudinal strain
- Right Movie: Long-axis view shows circumferential strain
- Each movie took less than a second to acquire and produce from the scanner
- The color scale shows peak strain values in the myocardium
- Arrows point to infarction

Tagged Imaging Strain/Early Cardiotoxicity



TCD Low Dose: 158-200 mg/m²
 TCD High Dose: 442-450 mg/m²

Toro-Salazar et al. Cardiooncology. 2018 ; 4: . doi:10.1186/s40959-018-0030-5.





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Circulation

Cardiovascular Imaging



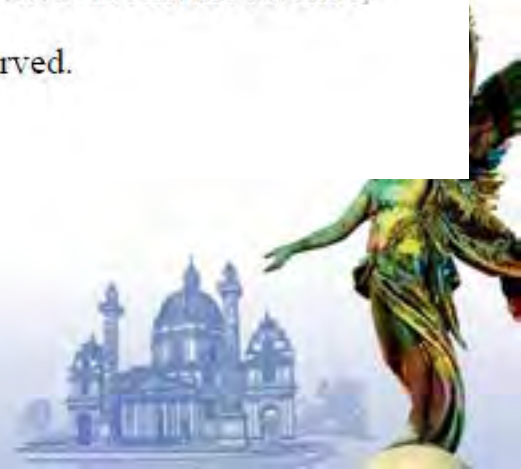
Occult Cardiotoxicity in Childhood Cancer Survivors Exposed to Anthracycline Therapy

Olga H. Toro-Salazar, Eileen Gillan, Michael T. O'Loughlin, Georgine S. Burke, Joanna Ferranti, Jeffrey Stainsby, Bruce Liang, Wojciech Mazur, Subha V. Raman and Kan N. Hor

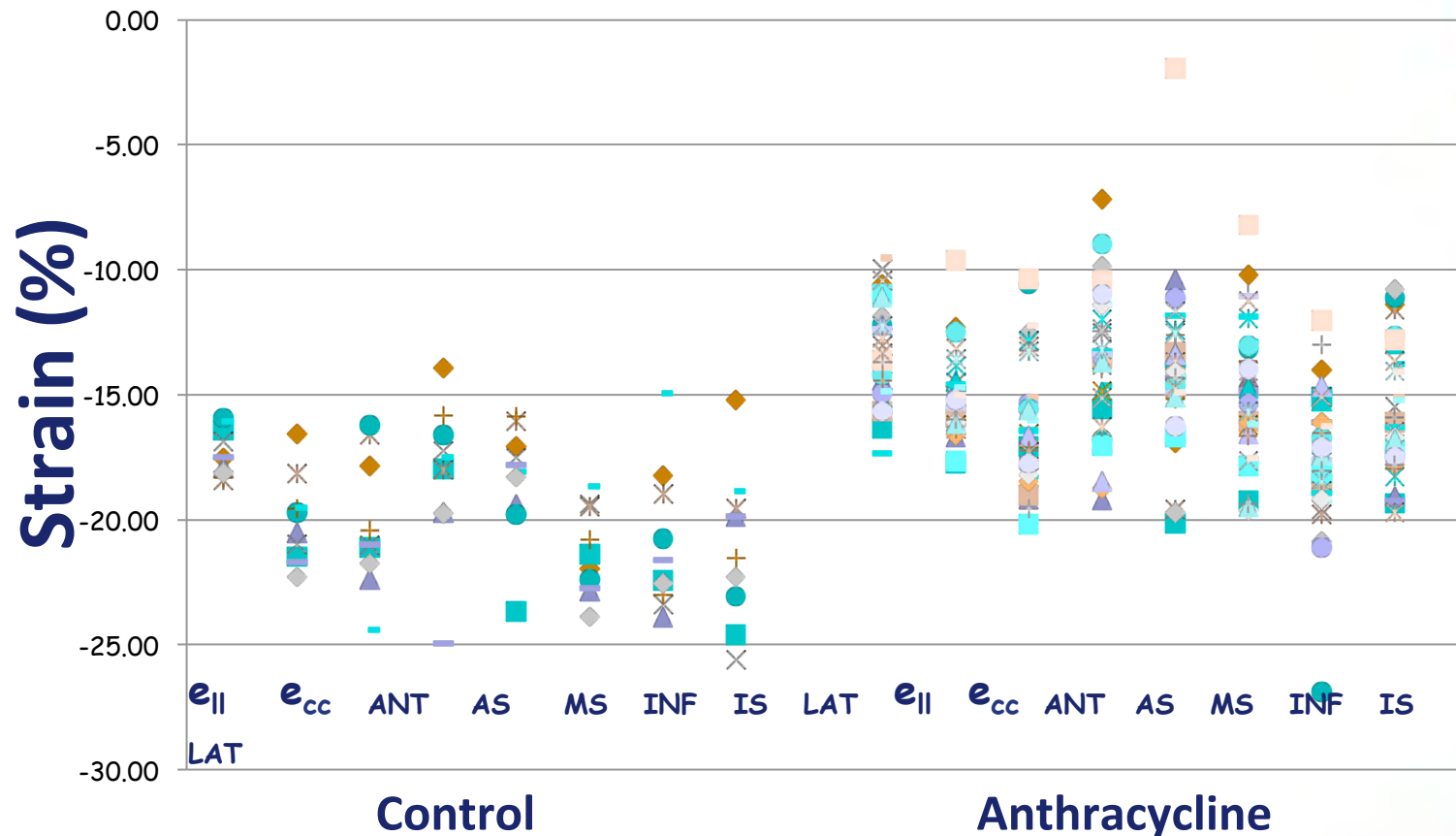
Circ Cardiovasc Imaging. 2013;6:873-880; originally published online October 4, 2013;
doi: 10.1161/CIRCIMAGING.113.000798

Circulation: Cardiovascular Imaging is published by the American Heart Association, 7272 Greenville Avenue,
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Myocardial Strain Magnitude Late Cardiotoxicity

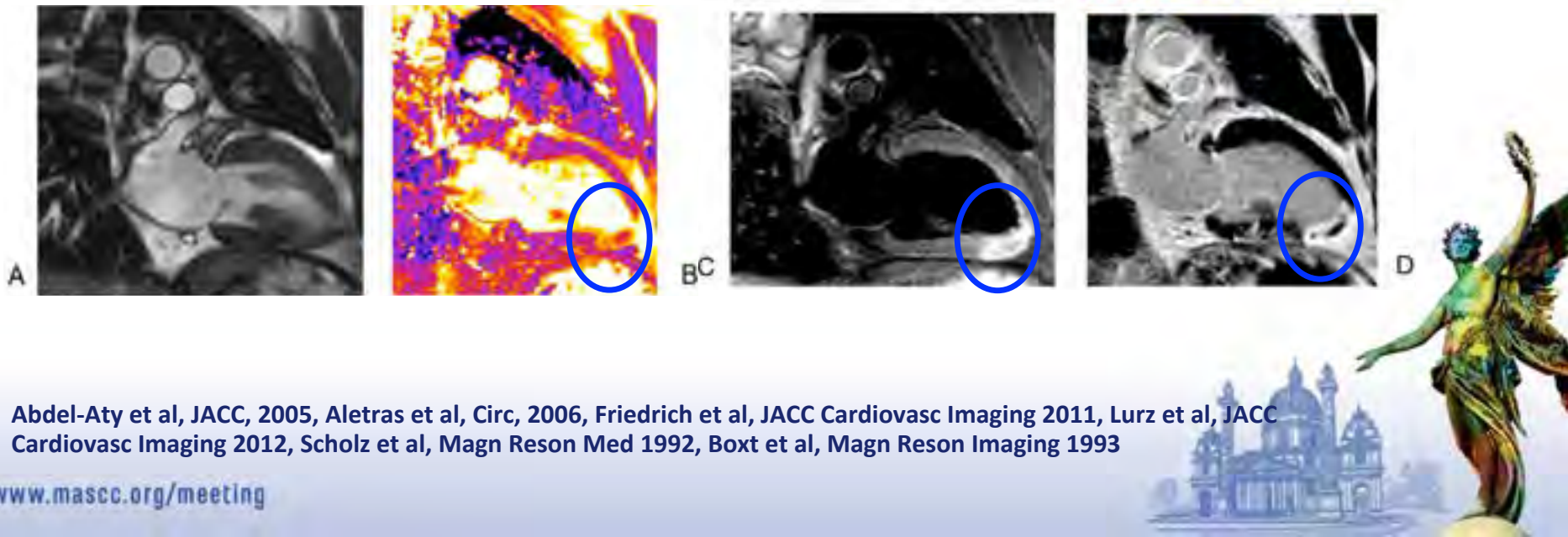


Olga H. Toro-Salazar et al. Circ Cardiovasc Imaging. 2013;6:873-880



T2 mapping – identifies myocardial edema

- Basis: increase myocardial water content changes magnetic relaxation properties influencing the CMR signal (normal value < 60 ms, range 46-80 ms)
- Example: acute myocardial infarction with bright areas on T2 mapping, T2-weight STIR and LGE images



Abdel-Aty et al, JACC, 2005, Aletras et al, Circ, 2006, Friedrich et al, JACC Cardiovasc Imaging 2011, Lurz et al, JACC Cardiovasc Imaging 2012, Scholz et al, Magn Reson Med 1992, Boxt et al, Magn Reson Imaging 1993



T1 Mapping – Detects Diffuse Fibrosis

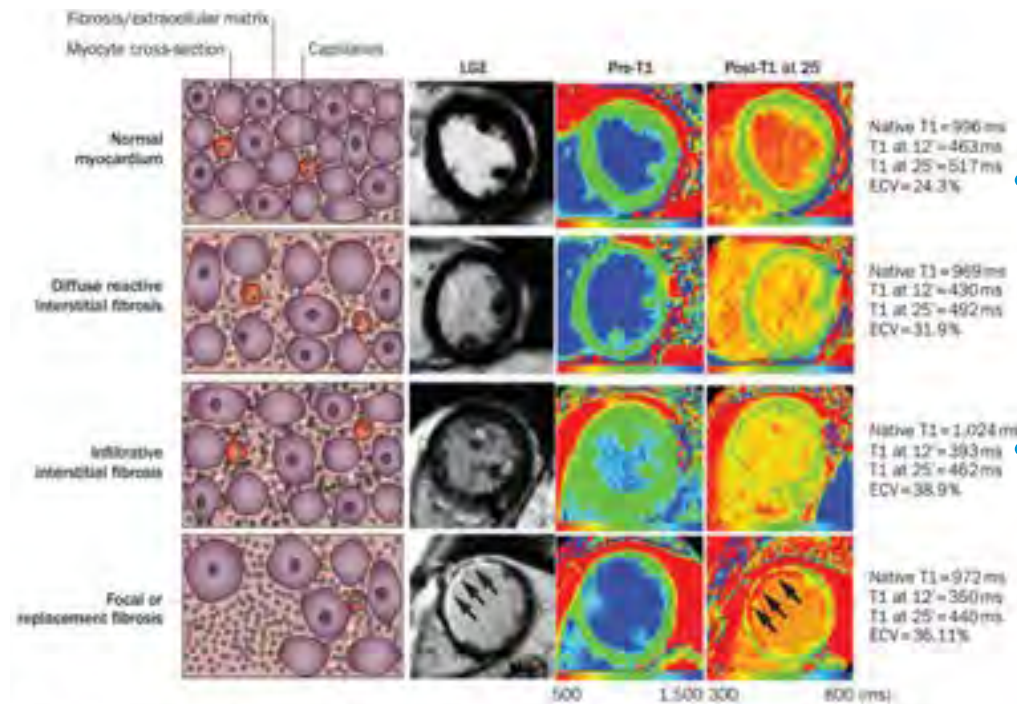


Figure 2 | Macroscopic and microscopic fibrosis as seen in various pathologies. The increase in fibrosis leads to gadolinium-contrast retention that follows a different pattern depending on the nature of fibrosis (interstitial or focal myocardial fibrosis). Late-gadolinium enhancement and postcontrast T1 mapping performed 25 min after contrast administration offer a direct view of the amount and distribution of myocardial fibrosis. Blue circles indicate gadolinium-contrast molecules; grey circles represent cellular infiltrates; arrows indicate an ischaemic myocardial scar. Abbreviation: ECV, extracellular volume.

- Basis: signal intensity of pixels is based on the relaxation of hydrogen nuclei protons – varies between different tissue
- Myocardium with diffuse fibrosis has greater retention of contrast material (ie shorter T1 times)



Burt et al, Radiographics 2014, Jellis et al, Cardiovascular Diagnosis and Therapy. 2014, Hwang et al, Korean Circulation J 2013, Messroghli et al, Radiology 2006, Chow et al, Magn Reson Med 2013, Messroghli et al, Circ Cardiovasc Imaging 2011, Lee et al, Cardiovasc Magn Reson 2011, Bull et al, Heart 2013, Ambale-Venkatesh and Lima, Nature Review Cardiology, 2015

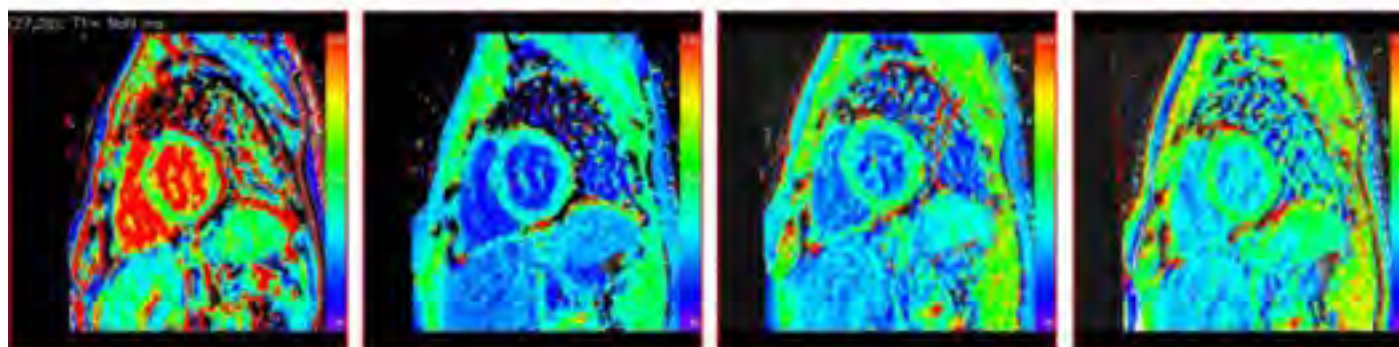
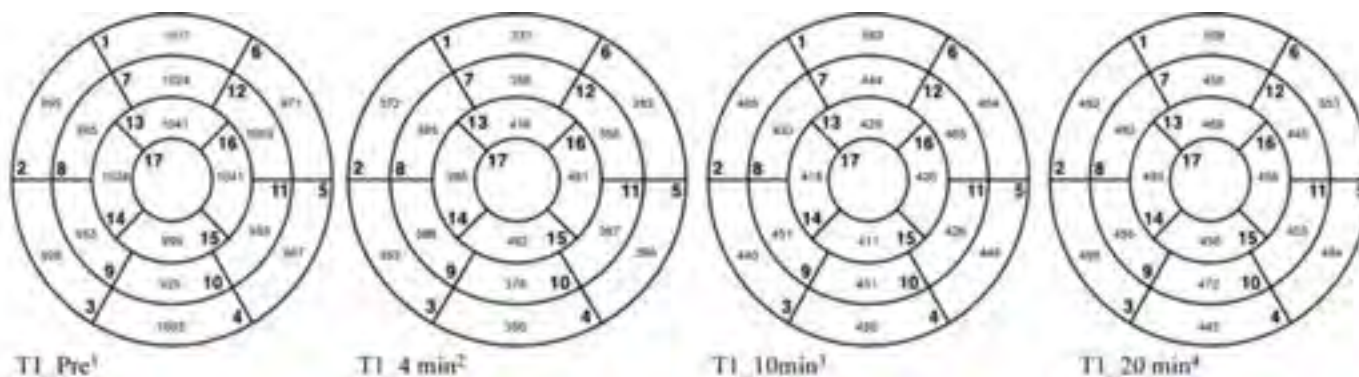
Chronic Cardiotoxicity



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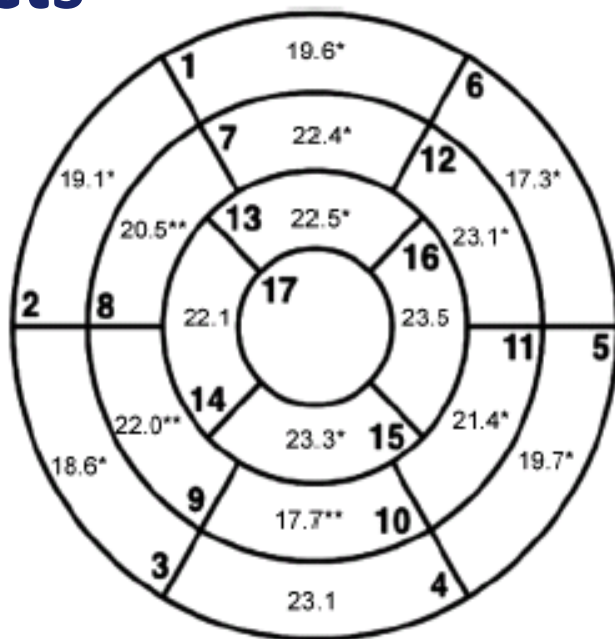


¹(n= 910 93 ms; p=0.26) ²(n= 389 35 ms; p=0.12)
³(n= 435 36 ms; p=0.75) ⁴(n= 487 44 ms; p=0.01)

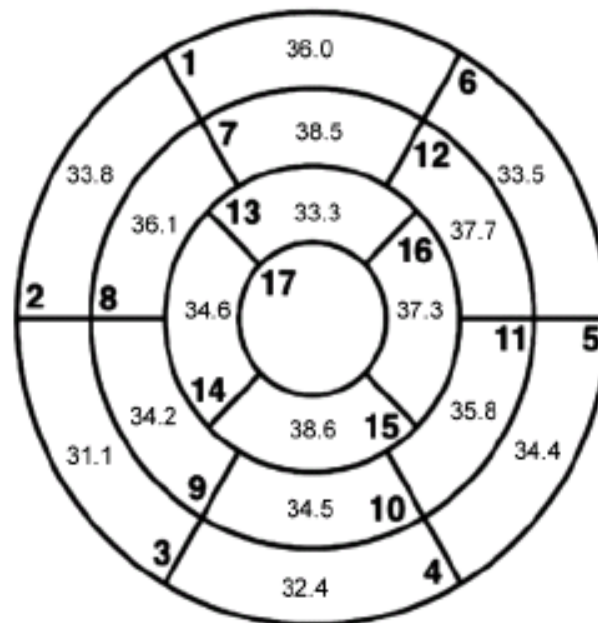
Toro-Salazar et al. Circ Cardiovasc Imaging. 2013;6:873-880



Higher Mean ECV Observed in Female Subjects



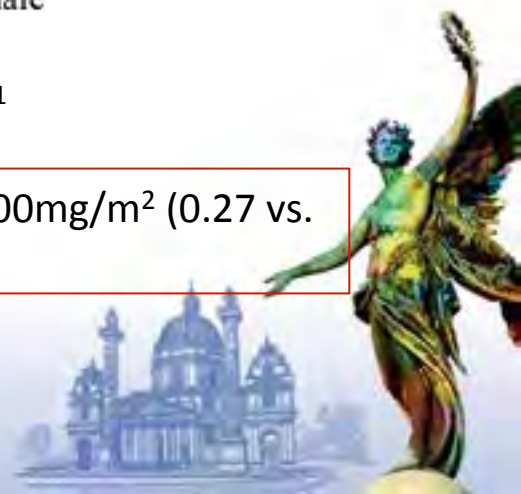
Male



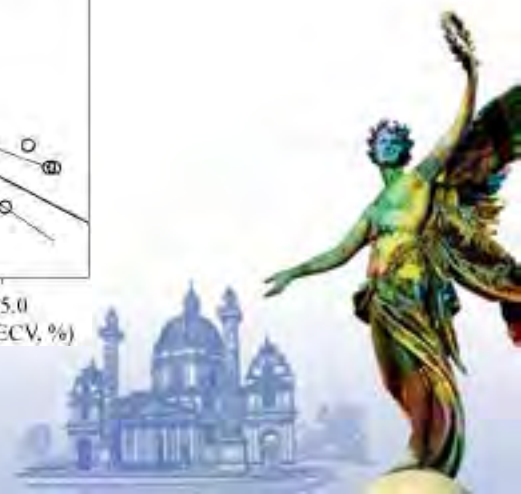
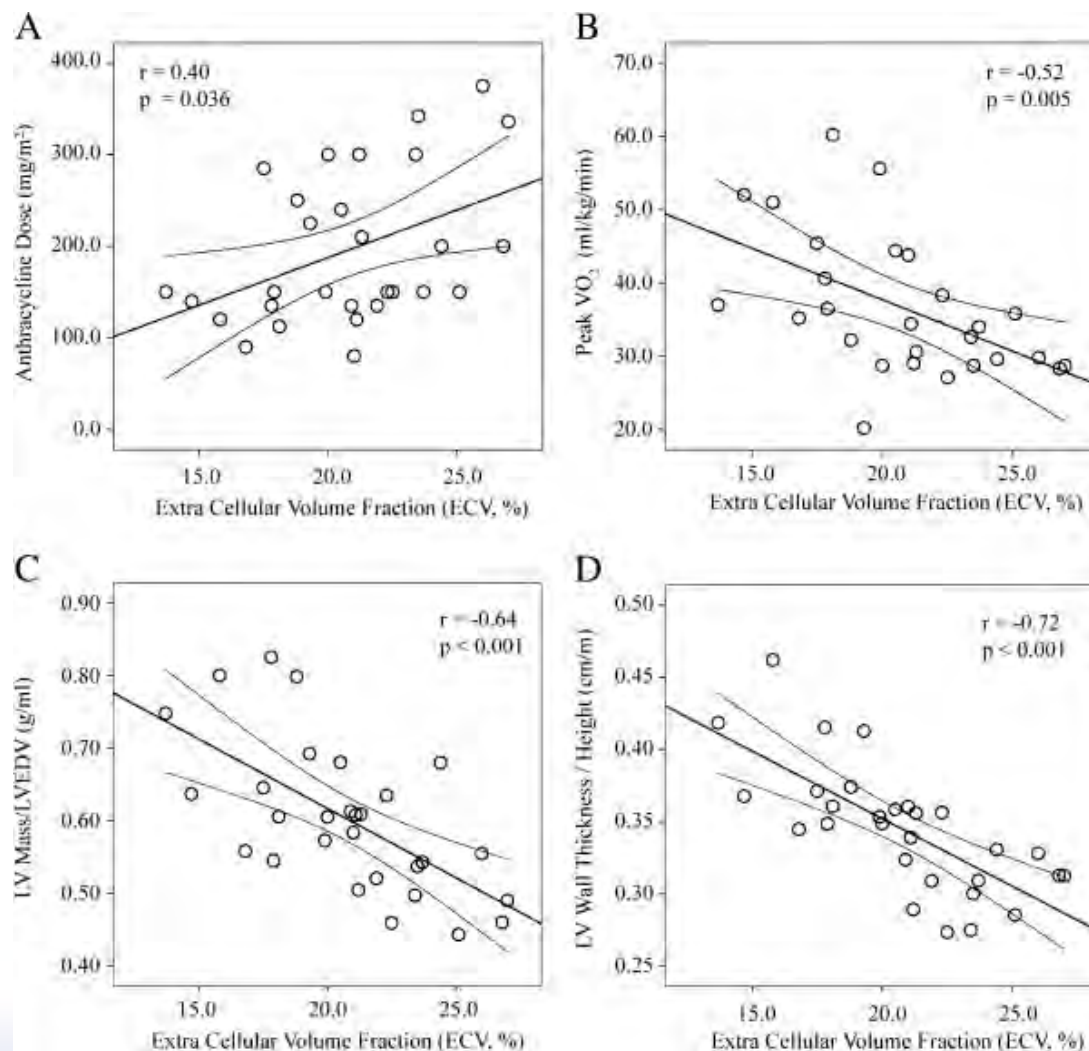
Female

- * P<0.05
- **P<0.001

•Higher mean ECV was observed in patients with cumulative dose $\geq 400\text{mg/m}^2$ (0.27 vs. 0.21, $p<0.05$)



Correlation of ECV with A) anthracycline dose, B) peak VO_2 , C) LVmass/LVEDV and D) LV wall thickness/height.



Feasibility of Echocardiographic Techniques to Detect Subclinical CTRCD among High-Dose Patients When Compared with CMR



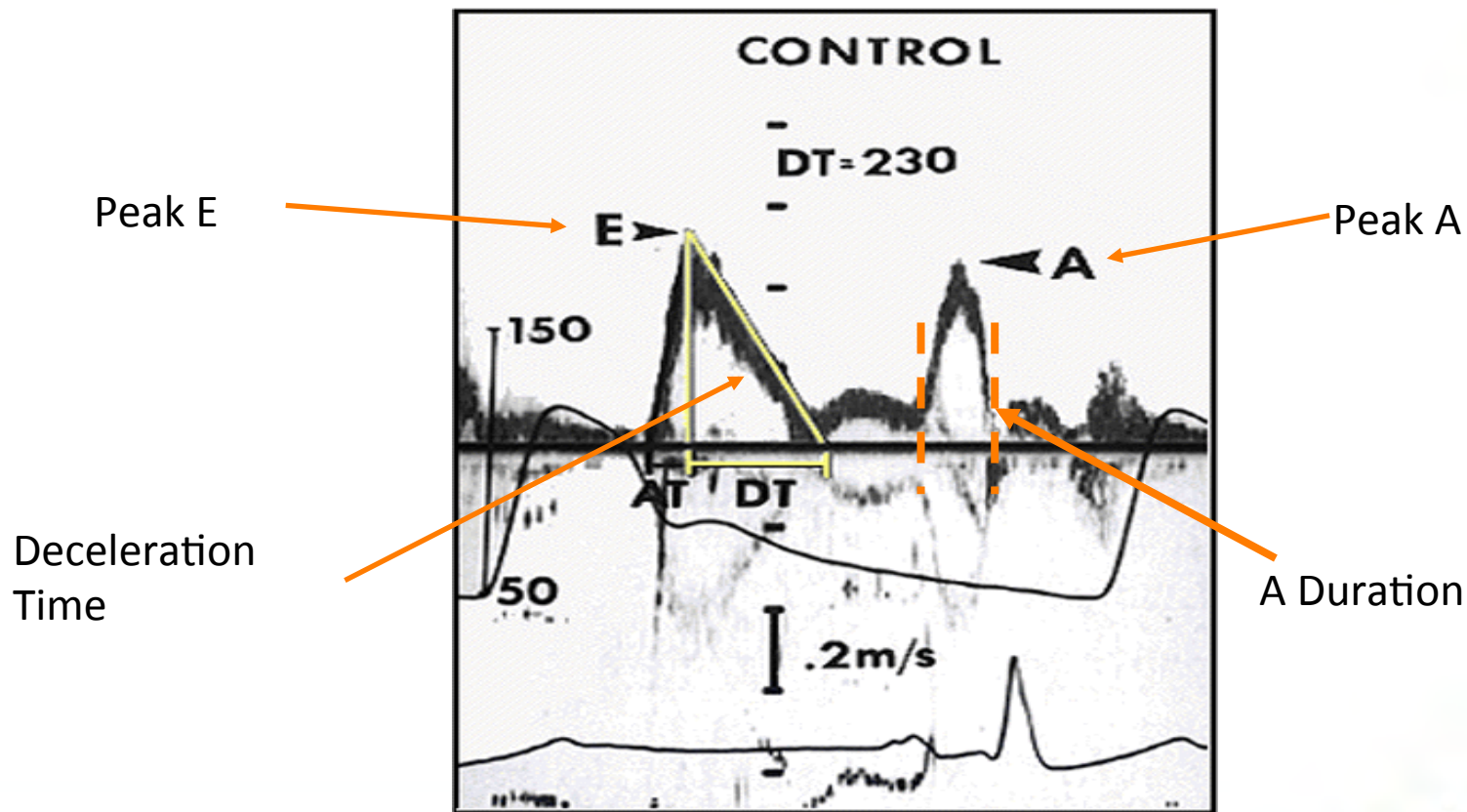
- ESV values > 29 mL/m²
- 3DE GLS magnitude $> -17\%$
- Decrease in early atrial myocardial velocity of <10 cm/sec at the IVS
- **3DE EF correlated best with EF obtained by CMR**

Toro-Salazar et al. Journal of the American Society of Echocardiography , Volume 29 , Issue 2 , 119 - 131



Doppler LV Inflow

Variables Measured



Doppler Diastolic Waveforms

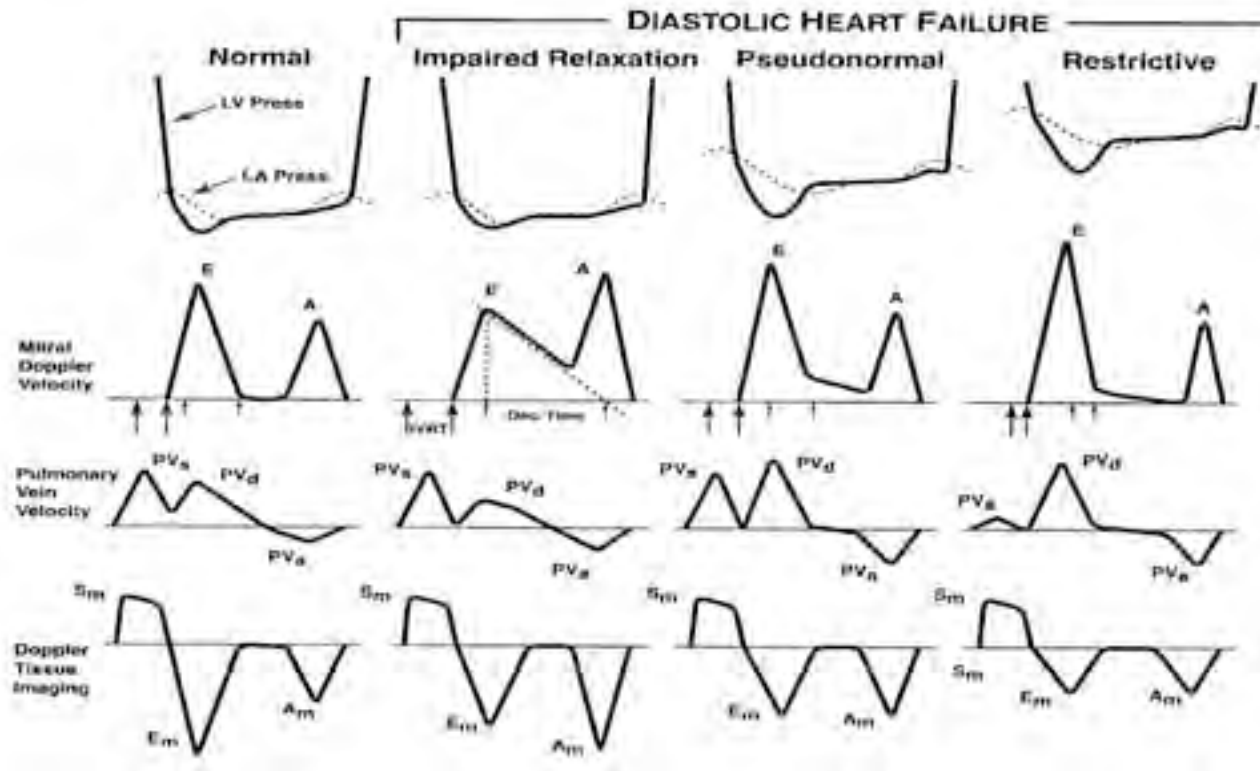
Transmitral, Pulm. Vein, Mitral annulus



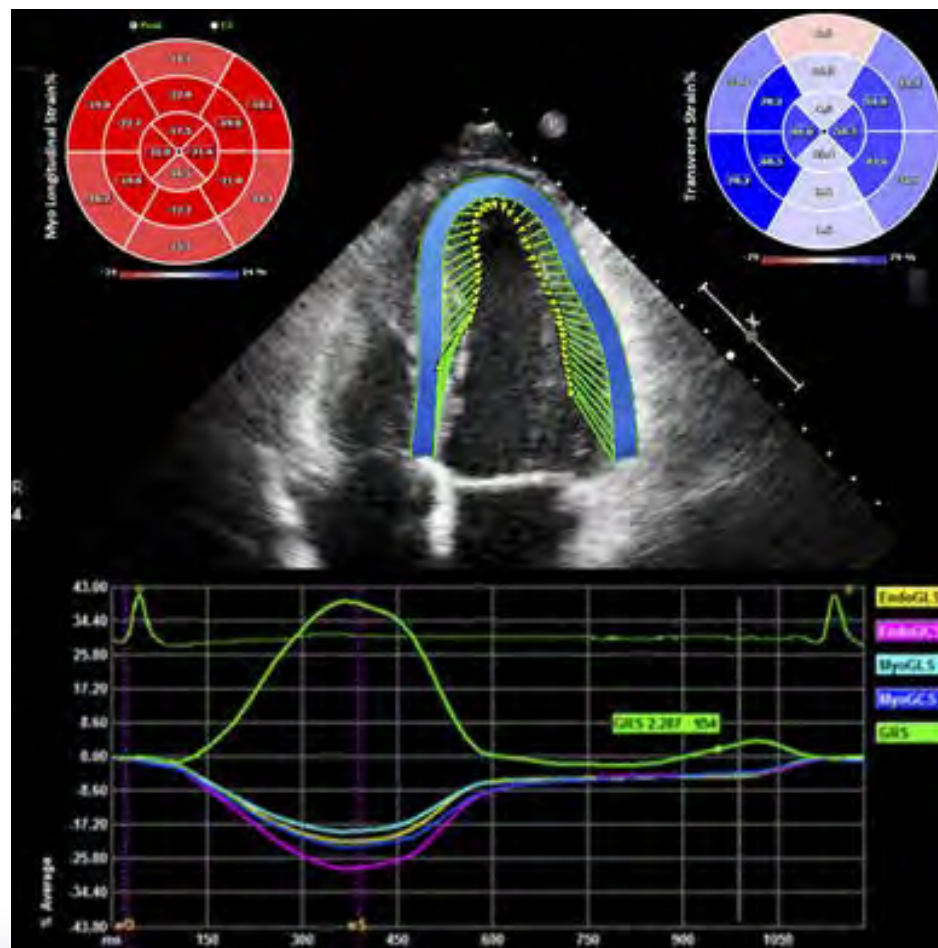
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3DE Strain



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Echocardiographic Myocardial Deformation Parameters



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	Controls	Anthracycline	p-value
Global (GCS) ¹ (%)	-29.6±3.2	-25.9±3.5	0.002
Global (GCS) ² (%)	-30.0±2.5	-25.5±3.4	<0.0001
Longitudinal (GLS) ³ (%)	-20.1±3.4	-19.3±3.6	0.49
Longitudinal (GLS) ⁴ (%)	-21.5±2.0	17.6 ±2.4	<0.0001
Longitudinal (GLS) ⁵ (%)	-22.5±1.9	19.7±2.9	0.005

¹ Global (GCS): 2D (Anthracycline n=53; control n=12)

² **Global (GCS): 3D (Anthracycline n= 51)**

³ Longitudinal (GLS) 4ch (anthracycline n=53; control n=12)

⁴ **Longitudinal (GLS) 3D (anthracycline n=51; control n=12)**

⁵ Longitudinal (GLS) 2D 4ch_2ch average (n=48; control n=12)

Toro-Salazar et al. Journal of the American Society of Echocardiography , Volume 29 , Issue 2 , 119 - 131



Effect of Dexrazoxane on Myocardial Injury in Doxorubicin-Treated Children with ALL



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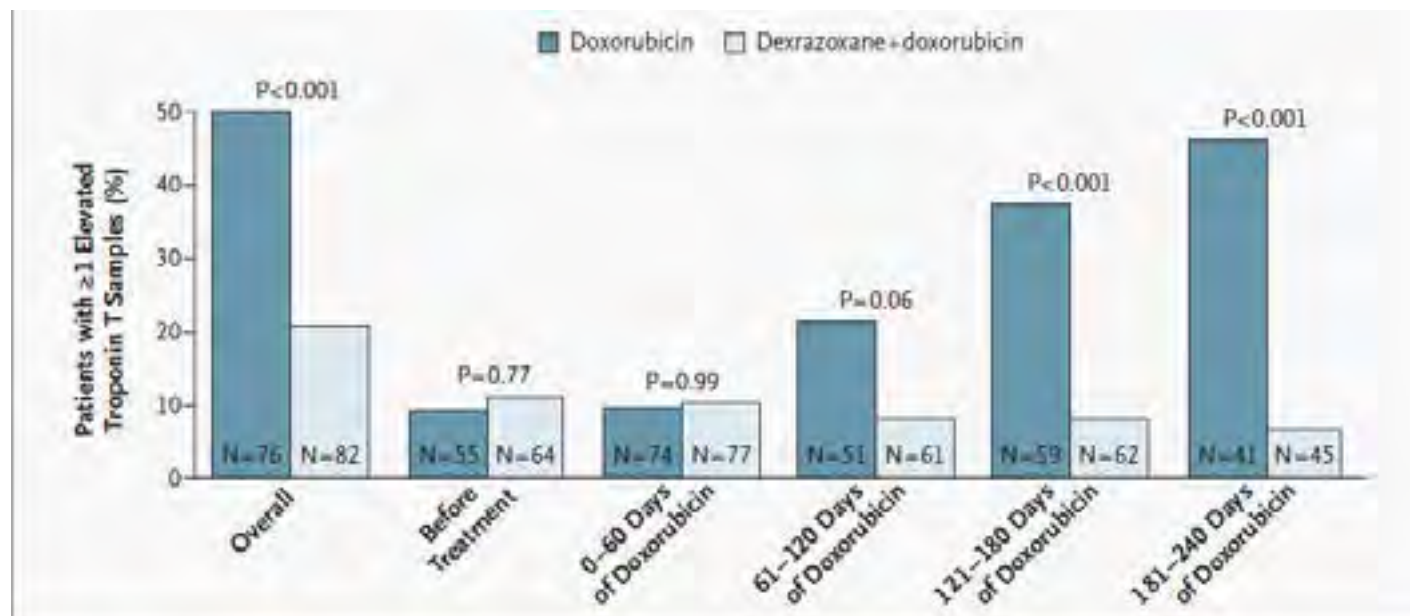


Figure 2. Percentage of Patients with at Least One Elevated Cardiac Troponin T Level Overall, before Treatment with Doxorubicin, and during Treatment.

An elevated level of troponin T was defined as one that exceeded 0.01 ng per milliliter. The number of patients in whom troponin T was measured at least once during the specified intervals is shown in each bar.

Lipshultz, et al: N Engl J Med 2004; 351:145-153 [July 8, 2004](#)



NT-proBNP

- Few studies have shown that higher baseline concentrations of NT-proBNP can predict the development of overt heart failure after cardiotoxic chemotherapy
- Cut-offs of natriuretic peptides that could play a predictive role are still elusive
- A level of NT-proBNP between 300 ng/l and 500 ng/l may indicate patients with a higher propensity for further heart failure
- Further studies needed to validate this findings



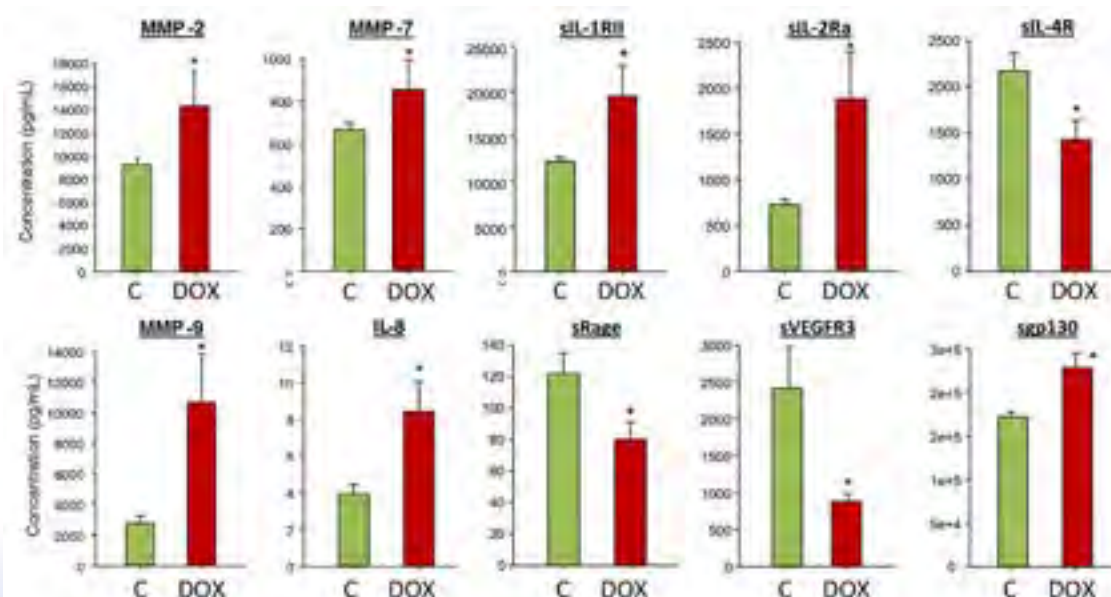


Published in final edited form as:

Cardiooncology. 2018 ; 4 : , doi:10.1186/s40959-018-0030-5.

Use of integrated imaging and serum biomarker profiles to identify subclinical dysfunction in pediatric cancer patients treated with anthracyclines

Olga H. Toro-Salazar^{1,7,*}, Ji Hyun Lee¹, Kia N. Zellars², Paige E. Perreault², Kathryn C. Mason², Zhu Wang¹, Kan N. Hor³, Eileen Gillan¹, Caroline J. Zeiss⁴, Daniel M. Gatti⁵, Brooke T. Davey¹, Shelby Kutty⁶, Bruce T. Liang⁷, and Francis G. Spinale²



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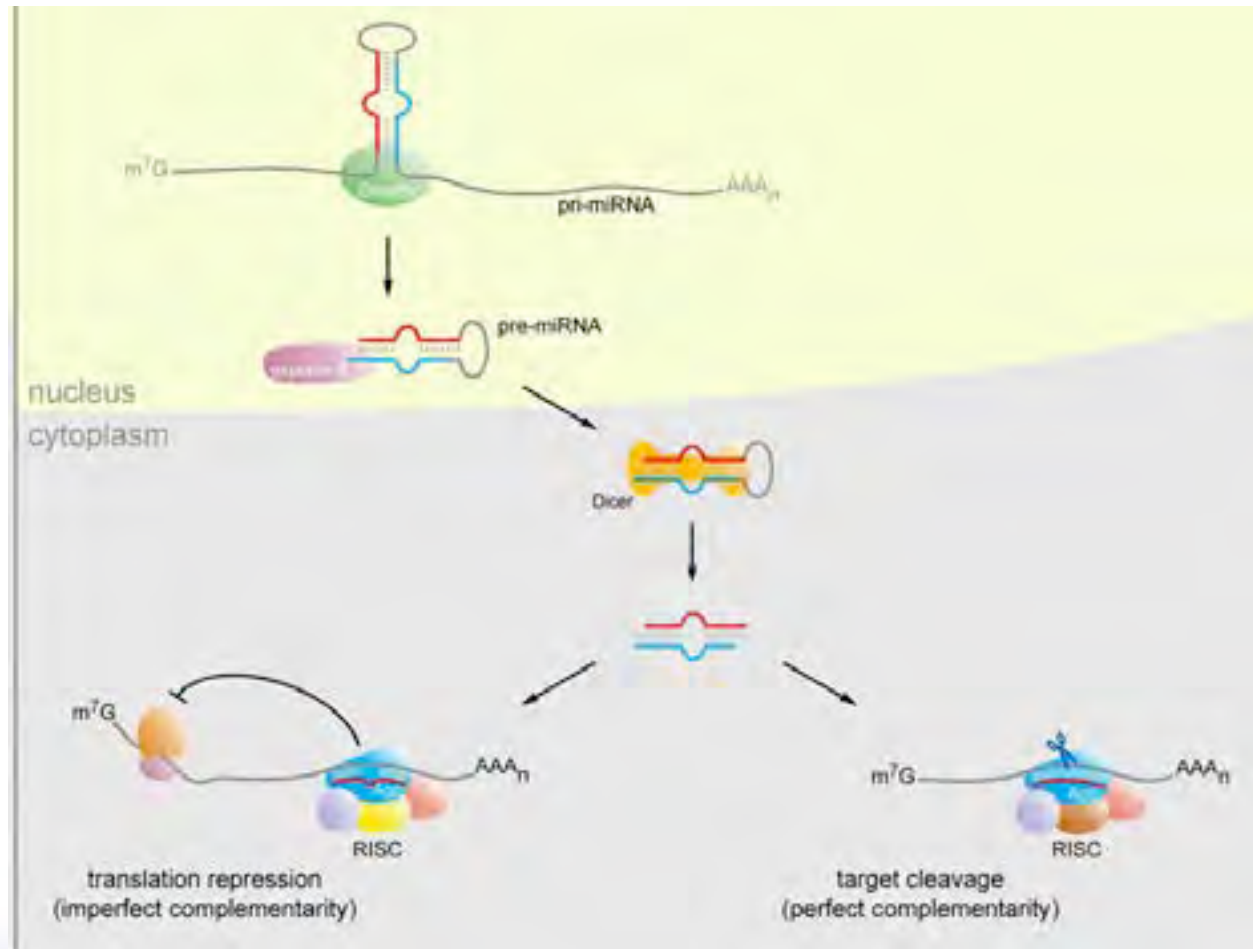
Micro RNAS



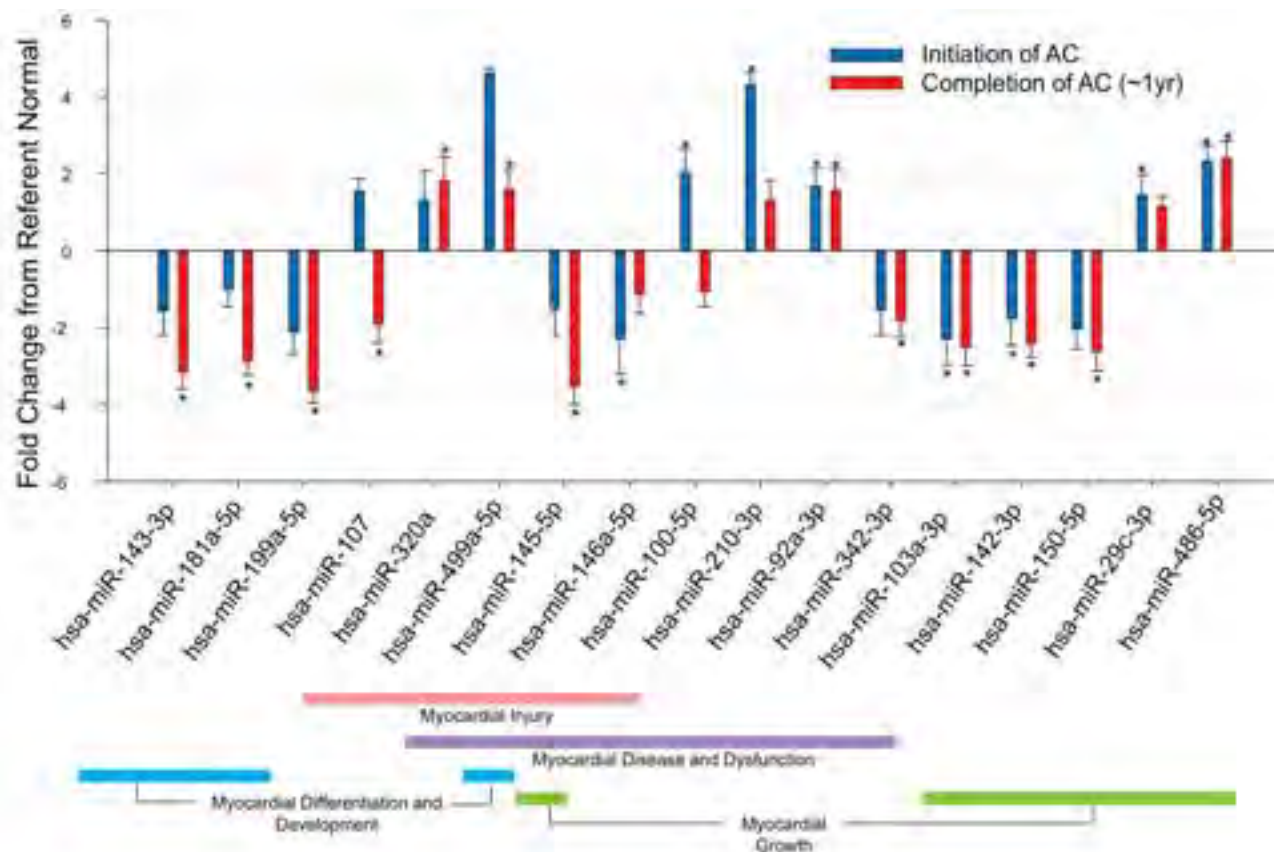
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MicroRNAs

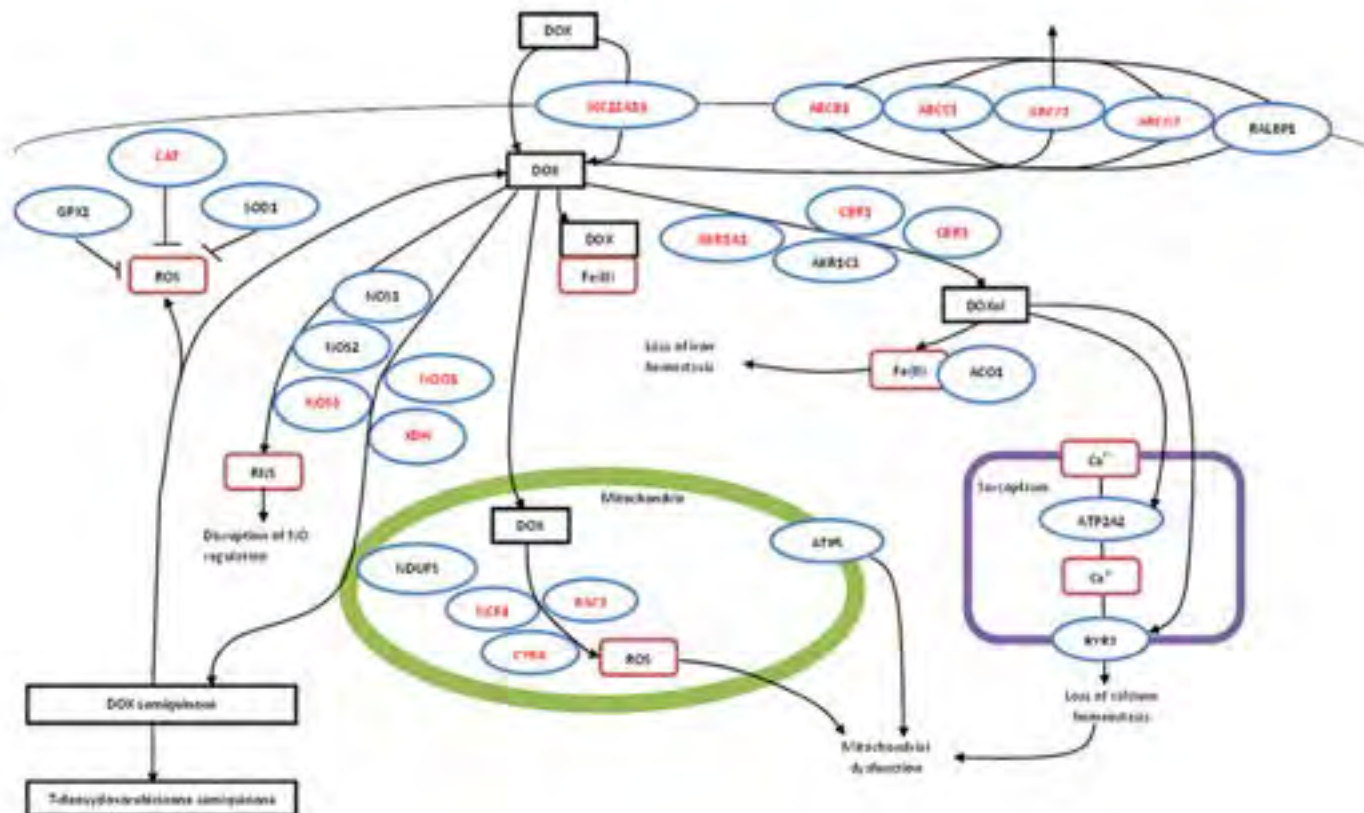


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Oatmen, Toro-Salazar OH, et al, AJPHeart, in review.



Genetic Susceptibility



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Leong, et.al. Scientific Reports | 7: 39 | DOI:10.1038/s41598-017-00075-1



Take Home Points

- Need for validated biomarkers that are surrogate end points for clinically important cardiovascular disease and treatments that prevent or control CTRCD
- A cross-disciplinary approach has the best chance to identify and treat cancer patients at risk for cardiotoxicity



Future Directions

- Comprehensive, evidence-based personalized prevention, detection, and treatment strategies for CTRCD are needed
- New knowledge on molecular mechanisms that dictate susceptibility or resistance to CTRCD will inform new therapeutic approaches
- Insights into the regulatory pathways responsible for CTRCD and developing a biomarker signature of early myocardial dysfunction will allow us to identify patients most at risk for severe toxicity, as well as to evaluate new preventive therapies for CHF



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THANK YOU



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Annual Meeting on Supportive Care in Cancer

www.mascc.org/meeting



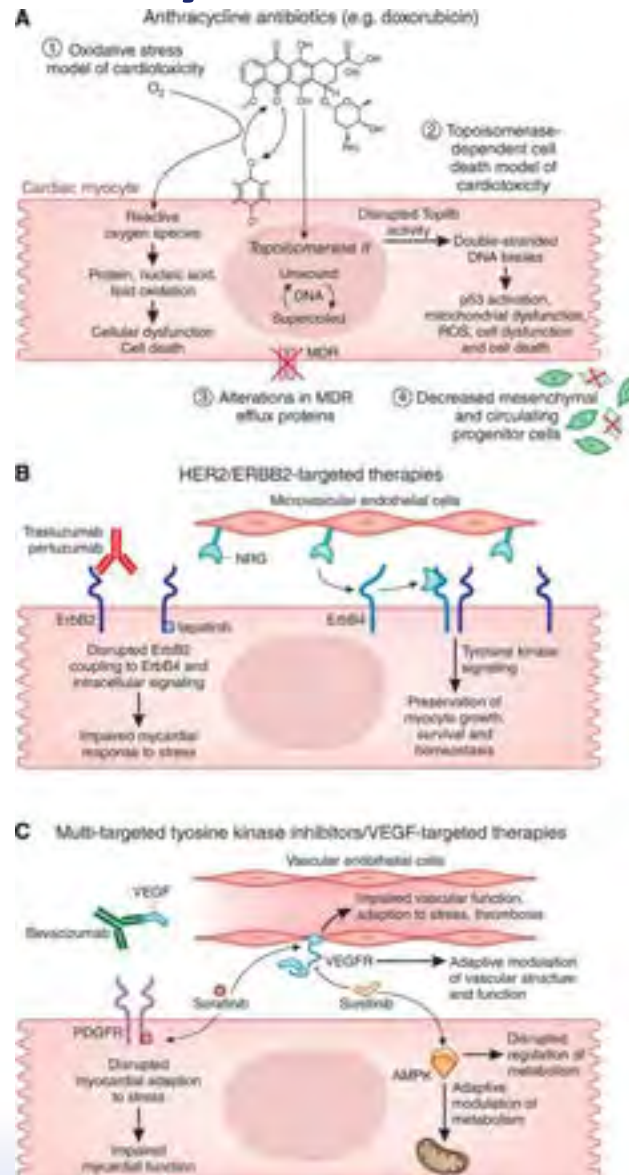
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Molecular Pathways Involved In Cardiotoxicity

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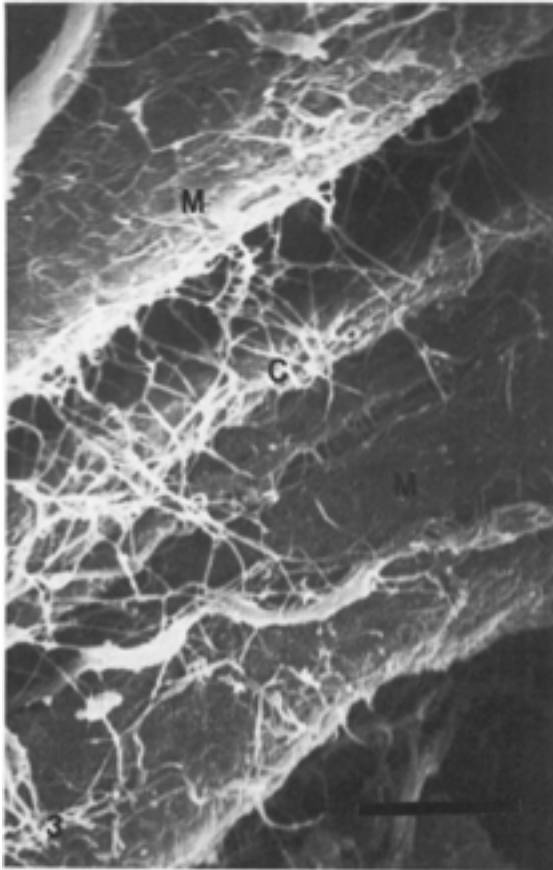
Anthracycline Cardio-toxicity

- Anthracycline toxicity is highly prevalent
- Traditional assessment by ejection fraction is inadequate to detect subclinical anthracycline toxicity
- Early cardiac injury is characterized by a progressive decline in global average circumferential (ϵ_{cc}) and longitudinal strain magnitude (ϵ_{ll})
- Tissue characterization (T1 mapping, T2 mapping) identify myocardial edema (early) and microscopic fibrosis (late).
- Biomarkers

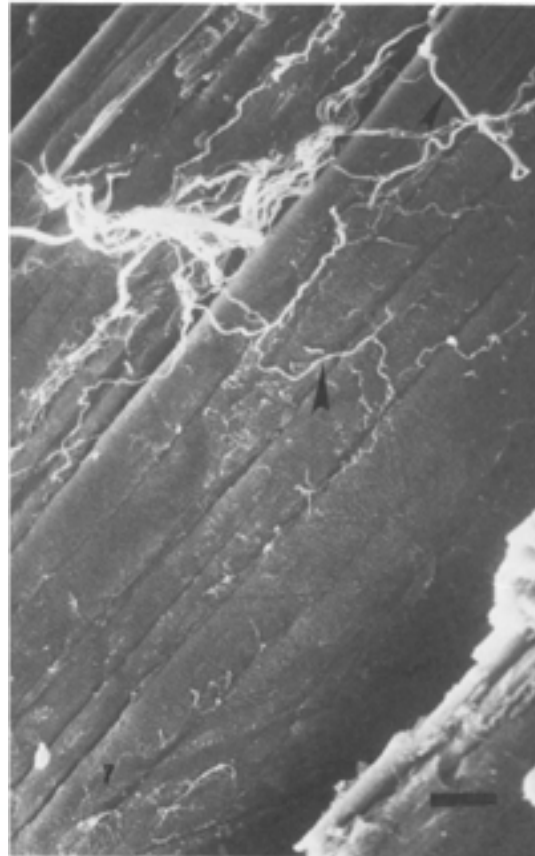


Cardiac Matrix Alterations Caused by Adriamycin

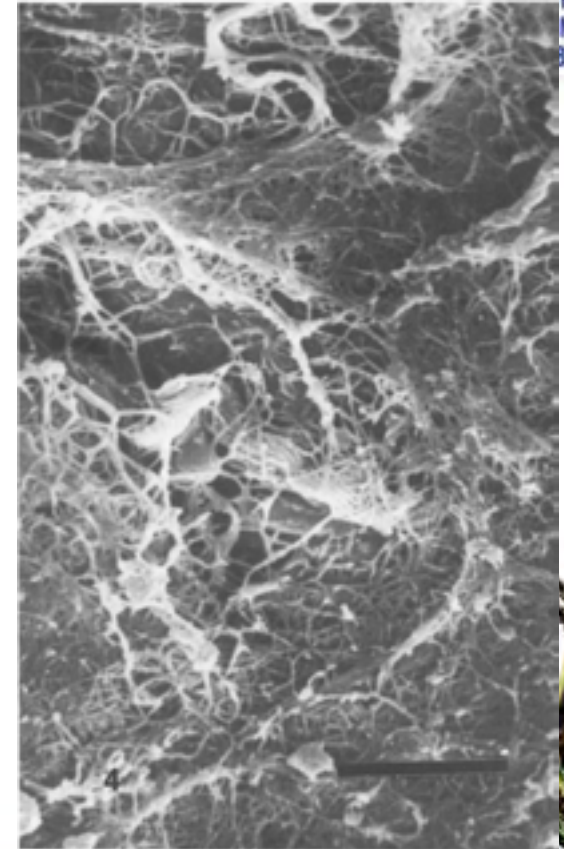
Normal



Denuded



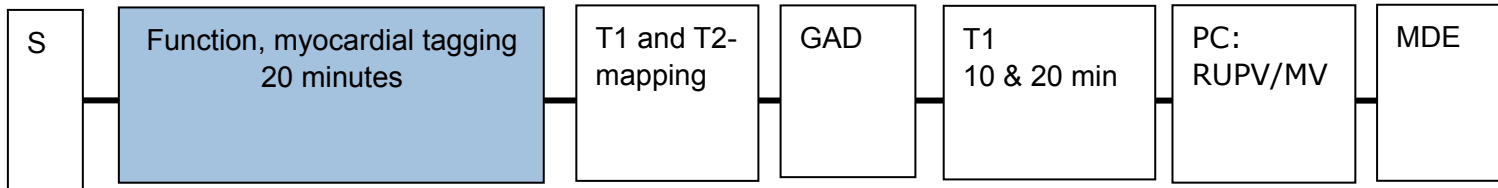
Diffuse fibrosis



Caulfield and Bittner (Am J Pathol 1988,133:298-305)



Anthracycline Protocol



Diagnosis

- Measurement of global and regional myocardial function:
 - Global systolic function: SF, EF
 - Regional Myocardial function (global longitudinal and circumferential strain magnitude)
 - Indices of diastolic function
- CMR tissue characterization (T1 and T2 mapping), MDE
- Biomarkers
 - Biomarkers of inflammation and oxidative stress (CRP and TNF- α)
 - Myocyte injury (Troponin, Caspase-3) and
 - Heart failure: BNP or NT-proBNP)
 - Extracellular matrix (PICP, CITP, MMPs and TIMPs)
 - Growth cell and viability: sRAGE and VEGF
 - MmicroRNAs



Pediatric Chemotherapy Agents with Cardiotoxic Potential



Anthracyclines	Danorubicin, Doxorubicin (including pegylated liposomal form), Epirubicin, Idarubicin, Mitoxantrone (anthraquinone)
Ankylating agents	Busulfan, Carboplatin, Cisplatin, Cyclophosphamide
	Ifosfamide, Mitomycin, Trabectedin
Antimetabolites	Clofarabine, Cytarabine, 5-fluorouracil, Methotrexate
Antimicrotubule agents	Docetaxel, Paclitaxel, Vinblastine, Vincristine, Vinorelbine
Interleukins	Aldesleukin
Monoclonal antibodies	Alemtuzumab, Bevacizumab, Rituximab, Trastuzumab
Small-molecule tyrosine kinase and VEGF inhibitors	Dasatinib, Imatinib, Pazopanib, Sorafenib, Sunitinib
Topoisomerase inhibitor	Etoposide
Miscellaneous agents	All-trans-retinoic acid, Arsenic, Asparaginase, Bleomycin, Lenalidomide, 6-mercaptopurine, Thalidomide



Concept of Myocardial Strain

- Strain = Myocardial Deformation
- Strain analysis – detects myocardial deformation
- Positive strain = stretching
- Negative strain = shortening

