Separating the Good from the Bad and Ugly The Use of Non-Invasive Optical and Molecular Tests in the Management of an Oral Lesion

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Faculty Disclosure

I have no conflict of interest in relation to the devices or tools used in this presentation.

Vancouver, British Columbia, Canada





University of British Columbia



and in case

e.







Oral Mucosal Lesions



Early Detection and Risk Assessment Finding Solutions through Research !! Non-invasive Optical and Molecular Tests I. VELScope[®] 2. Quantitative Cytology 3. Loss of Heterozygosity

VELScope®





Building a Visualization Device



Calum MacAulay



Pierre Lane

Lane et al., **Simple device for the direct visualization of oral-cavity tissue fluorescence.** 2006 11(2):024006. <u>J Biomed Opt.</u>

Fluorescence Visualization (FV)



Identification of clinically not-apparent change





FV helps on the decision of where to biopsy



Diffuse non-homogenous leukoplakia at the right ventral tongue



When to biopsy





The extension of the high-grade oral lesion





Fluorescence visualization (FV)

Clinical white light image – Invasive cancer and severe dysplasia (arrow)

FV in the operating room

Question I:

Can we use this tool in the operating room to assist the decision of surgical margin?

FV in the operating room





Clin Can Res, 12(22), 6716-22, 2006

- > FV can recognize histologically high-grade and molecularly high-risk areas.
- I 9/20 lesions has FV positive area outside the tumor area and the FV margin is not evenly around the tumor area



Clin Can Res, 12(22), 6716-22, 2006

FV in the operating room

Question 2:

Does the tool really make impact on patient's outcome, i.e., recurrence rate?

Study Scheme: 2004-2009 British Columbia



Poh et al., JAMA Otolaryngol Head Neck Surg. 2016;142(3):209-216.

FV appears to reduce local recurrence

2004-2009 in BC : SCC (N=156; FV=92; WL=64)





2004-2009 in BC : D3/CIS (N=90; FV=62; WL=28)

3-year recurrence rate reduces from 41% to <u>6.5%</u>.

3-year recurrence rate reduces from 39% to <u>8%</u>

JAMA Otolaryngol Head Neck Surg. 2016;142(3):209-216

COOLS trial-

Canadian Optically-guided approach for Oral Lesions Surgical Trial

- Phase III randomized controlled trial
- 400 patients: Severe dysplasia/CIS;TI and T2 oral cancer



4.8 million, 6 – year project (September 1st, 2010) – milestone driven project

Poh et al. BMC Cancer 2011, 11:462

Pan-Canadian Network for Oral Cancer Control





Masking by Infection and Inflammation



Oral candidiasis



25

Lichen planus





3 months



Quantitative Cytology using high-resolution microscopy imaging - cNPS (cytology-Nuclear Phenotype Score)



Development of cNPS to <u>automatically</u> capture alterations in

I. DNA content (ploidy)

2. Nuclear morphology features (~110)

Quantitative Cytology using high-resolution microscopy imaging - cNPS (cytology-Nuclear Phenotype Score)



Quantitative cytology



Two-step screening Step I: Clinical white light <u>and/or</u> FV (VELScope[®]) Step 2: Quantitative Cytology



FV retained (FVR) FV loss (FVL) cNPS- /FVL cNPS+/FVL

Suspicious oral lesion

Persistent 3-4 weeks after eliminating the possible etiologies

Biopsy



Suspicious oral lesion



Infobahn Oral Biopsy Service (https://iobs@dentistry.ubc.ca)

✓ Get pathology report online

- ✓ Accurate description and diagnosis
- ✓ Manage patients and biopsy history

			Please Sign In
			Email Address Password Remember me Size in
BC Oral Bio	osy Servic	е	Forgot your password?
	Vancouver		T CANADIEN BC Cancer Agency

Promoting wellness Ensuring care.

AGAINST CANCER

An appropriative dreamalal Mouth Services Authority

MANAGE PATIENTS



ORAL MUCOSAL BIOPSY



ORAL MUCOSAL BIOPSY


ORAL MUCOSAL BIOPSY

Biopsy Code		L. Middle dorsal tongue					
Symptoms 💿 No Symptoms		Painful					
C For Unknown Duration	Months	© Years					
rgest dimension)	◎ < 1 cm		© 2∼3 cm	© > 3 cm			
Mainly red	Mainly white						
Clinical Apperance 💿 Poly		O UIC	erated				
© R	ugh-surface / Verrucous	🔘 Sm	ooth 🔘 Oti	hers			
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BC ORAL BIOPSY SERVICE Oral Mucosal Biopsy

Biopsy Date: 09/10/2014

PATIENT	aaa, bbb PHN: N/A; DOB: 11	/10/2010; Female; Asian						
HABIT	Tobacco: Smoking, Current, 2 Marijuana: Do not wish to answ	0 cigarette(s)/day, 1 year(s); Alcohol: No; ver						
PREVIOUS ORAL BIOPSY	No	No						
CURRENT BIOPS	Photo Attached: Yes (e-mail)	Photo Attached: Yes (e-mail)						
Right Lateral Tongue (s) D/D: lichen planus, r Bx B: Clinical Infor Left Buccal Mucosa; (s) D/D: lichen planus	e; Asymptomatic; White, 60 month /o dysplasia mation: Incisional; 8mm x 5mm; Asymptomatic; Ulcerated, 4 week	Commissure RiGHT Anterior RiGHT Anterior Loteral Sorgue Commissure Right Anterior Loteral Sorgue Commissure Right Commission Right Commission Ri						
CLINICIAN	Dr. F. Catherine Poh	Signature						
Pathology Report	Sent To: (Office 1) 675 West 10th Ave	nue, Vancouver, BC, V5Z1Z3						

SEARCH THROUGH YOUR PATIENTS

Show All - entries

Search by any of the following fields:

Clinic Postal Code	*	Last Name	Å	First Name	ē.	Middle Name 💧	PHN	÷	Date of Birth	Sex	Ethnicity	Last Update	⊖ ⊕
A1C 0V1		Simpson		Homer			1234567890	6	1955-05-12	М	Caucasian	2016-03-15	🖍 Edit Patient
A1C 0V1		Simpson		Marge			99999999999	Q.	1955-10-01	F	Caucasian	2016-03-15	🖍 Edit Patient
A1C 0V1		Simpson		Lisa			8888888888	8	2009-05-08	F	Caucasian	2016-03-15	🖌 Edit Patient
A1C 0V1		Simpson		Bart			No PHN		1989-12-17	М	Caucasian	2016-03-15	🖍 Edit Patient
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T7E 513		Simpson		Maggie			6666666666	20	1987-04-19	F	Caucasian	2016-03-15	🖌 Edit Patient

ACCESS PATHOLOGY REPORT

My Patient » Patient-Biopsy List

Patient: Simpson, Homer

1234567890, 1955-05-12, Male, Caucasian

+ Mucosal Biopsy + Non-Mucosal P		al Biopsy		Back	to Patient List			
how All + entrie	85						Search:	
Bx ID	Bx Dat	te 👻	Bx #	Bx Requisition	Path Number	Path PDF	Last Update	
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2016031501	2016-03	-15		Bx PDF	Pending View this pa	ent-biopsy on pathology page	2016-03-15	

Gold standard for risk assessment

Presence and degree of dysplasia

What is dysplasia?

I. At cellular level:

Criteria often used for dysplasia (WHO):

- a. Irregular stratification or loss of polarity of the cells in the epithelium.
- b. Increased mitoses
- c. Nuclear hyperchromatism.
- d. Increased nuclear/cytoplasmic ratio.
- e. Polymorphism of cells.
- f. Abnormal keratinization...

II.At architectural level:

Mild dysplasia Dysplastic cells involving <u>basal and parabasal</u> cells



Moderate dysplasia Dysplastic cells involving the <u>lower half</u> of the epithelial cells



Severe dysplasia Dysplastic cells involving the <u>lower 2/3</u> of the epithelial cells



Carcinoma in situ (CIS) Dysplastic cells involving all the epithelial layers from bottom to top



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Invasive squamous cell carcinoma Basement membrane is disrupted by the dysplastic cells







Histological progression model of oral lesions



Loss of Heterozygosity (LOH) to Predict Malignant Risk for Oral Premalignant Lesions

•Published retrospective (2000) and prospective (2012) studies using LOH at 3p14 and/or 9p21 to predict risk of progression (25-35% in 5 years)



Loss of heterozygosity at 9p21



Collaborate with Cancer Genomic Lab, BCCA Funded by Genome BC



An actionable test using loss of heterozygosity in identifying highrisk oral premalignant lesions. Liu et al., (2018)



High-risk profile of tongue and MR3 (LOH at 9p21 and/or 3p14, and 17p13) was significantly associated with progression (HR, 6.7; 95% CI, 2.6-17.6) with a **specificity** of 98.4% at identifying progressors.





Patient identifier

Liu et al., 126 (1), 54–62(2018) 54

ddPCR platform-

- Using internal control no need for control samples
- Can detect homozygous deletion
- Can be used to test brushing samples non invasive approach







ddPCR platform- non-invasive approach







Gains: 3q, 5p, 7p, 8q, 11q, 20p Loss: 3p, 4q, 8p, 9p, 18q Gains: 3q, 5p, 7p, 8q, 11q, 20q Loss: 4q

iTOP Clinic Combined Otolaryngology Head & Neck Surgery & Oral Medicine Clinics

4.8 million 944.735 km²



iTOP clinic

- in vivo Optical Devices
- Quantitative Cytology using Nuclear Phenotype Score
- Molecular tests



A good picture is better than a thousand words!

High resolution digital clinical images



High resolution digital clinical images



Toluidine Blue

Toluidine blue (TB) is a metachromatic, acidophilic stain (Tolonium Chloride) and has higher affinity to nucleic acid.

Possible mechanisms:

- **^ DNA &/or RNA and/or**
- Defective intercellular barries
 → the dye to reach deeper
 cell layers with higher DNA
 and RNA content



Toluidine Blue

Where is the lesion and where to biopsy?



55 y/o M, smoker, HCV + (#4278); Smoking tobacco since age 13, 40 pack year smoking history.



Carcinoma *in situ*

ТВ

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How to manage these at-risk oral lesions



Manage these at-risk oral lesions:

Cryotherapy
 Topical Photodynamic Therapy



3 months



Cryotherapy using liquid nitrogen

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20180127





Topical Photodynamic Therapy using 20% 5-ALA (5-Aminolevulinic Acid)



Sainin and Poh (2013) Photodynamic therapy: a review and its prospective role in the management of oral potentially malignant disorders.







3rd Topical photo dynamic therapy using 20% 5-ALA



Topical Photodynamic Therapy using 20% 5-ALA (Aminolevulinic Acid)

2016 0715

PDT x 2

2016 0930

31 F Nonsmoker, moderate dysplasia follow up for 7 years

Oral Cancer Discovery and Trans

2009

Effective Management of Oral Precancers

Clinical Trials of Effective Topical Treatments

Topical Photodynam Therapy

32 F Nonsmoker



2017 March 24

Oral Cancer Discovery and Translation Lab

2017 March 24


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Collaborators

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Dr. Jonn Wu Dr. Stephen Yip Dr. Lewei Zhang (in alphabetical order)

OC Discovery & Translational Lab

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Curtis Hughesman Maria Lopes David Lu Kelly Liu Katya Parfenova



All patients & families

UBC DENTISTRY

BC Cancer Foundation Supporting research & care at BC Cancer Agency





Canadian Société Cancer canadienne Society du cancer

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An agency of the Provincial Health Services Authori





The Terry Fox Research Institute L'Institut de recherche Terry Fox

