

US Physician Concordance with Update to Guidelines Classifying Carboplatin AUC ≥ 4 as Highly Emetogenic Chemotherapy

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Author disclosure

 Consultant for Helsinn and Heron Therapeutics. Research study funding from Heron Therapeutics





Background & Objective

- MASCC, NCCN and ASCO antiemetic guidelines recently classified carboplatin AUC ≥4 as HEC
 - Recommend upfront triple prophylaxis
 - (NK1 receptor antagonist (RA) + 5HT3 RA + dexamethasone)
- NV among 10 toxicities deemed by CMS as "potentially avoidable acute care" and tracked in OP-35 measure¹
- Objective: to assess
 - US physician concordance with the updated guidelines
 - consequences for avoidable post-chemotherapy acute care





Methodology

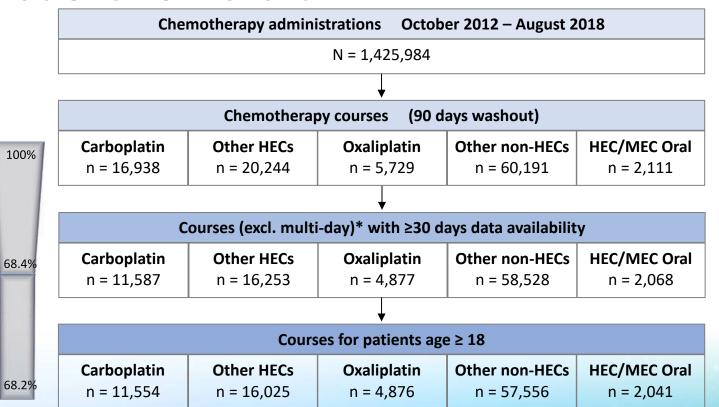
- Data source: IBM Explorys electronic health records Oct. 2012 Aug. 2018
 - Strengths
 - Current, detailed physician and patient longitudinal data
 - Limitations
 - Acute care may be underestimated (unavailable if occur at non-network sites)
 - Patient population is concentrated in the Midwest

Analysis:

- Evaluated carboplatin AUC >4 (using cycles >14 days), other chemo
- Guideline concordance: triple prophylaxis at HEC initiation
- Acute care (IP/ED) utilization <30 days post-chemo was compared by regimen
- Avoidable acute care as defined by OP-35, CMS' new oncology outcome measure
 - Involving NV or any of eight other toxicities



Patient flow chart



^{* ≥14-}day cycles for carboplatin (as a proxy for AUC ≥ 4) and ≥7-day cycles for oxaliplatin and other HECs

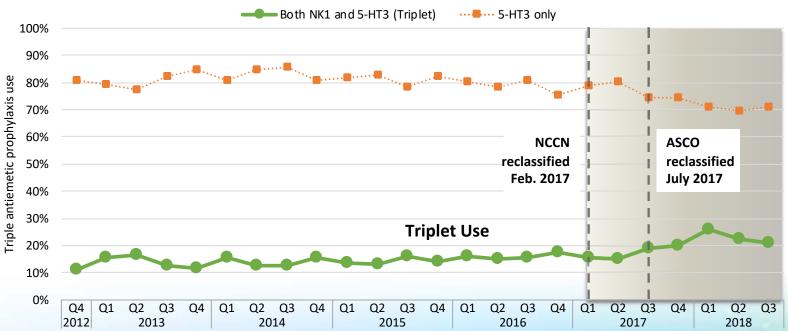


Patient characteristics

	Carboplatin	Other HECs	Oxaliplatin	Other non-HECs	HEC/MEC Oral
Age, Mean (SD)	64 (12)	60 (13)	62 (12)	63 (15)	60 (14)
Female, n (%)	8,125 (70%)	9,827 (61%)	2,096 (43%)	33,353 (58%)	1,099 (54%)
Region, n (%)					
Midwest	7,773 (67%)	9,933 (62%)	3,089 (63%)	34,502 (60%)	1,431 (70%)
South	2,087 (18%)	3,362 (21%)	973 (20%)	12,066 (21%)	283 (14%)
West	1,467 (13%)	2,397 (15%)	727 (15%)	9,435 (16%)	275 (13%)
Cancer type, n (%)					
Breast	2,032 (18%)	5,217 (33%)	93 (2%)	5,105 (9%)	131 (6%)
Lung	4,185 (36%)	1,615 (10%)	112 (2%)	3,703 (6%)	173 (8%)
GI	1,095 (9%)	2,009 (13%)	4,601 (94%)	7,045 (12%)	74 (4%)



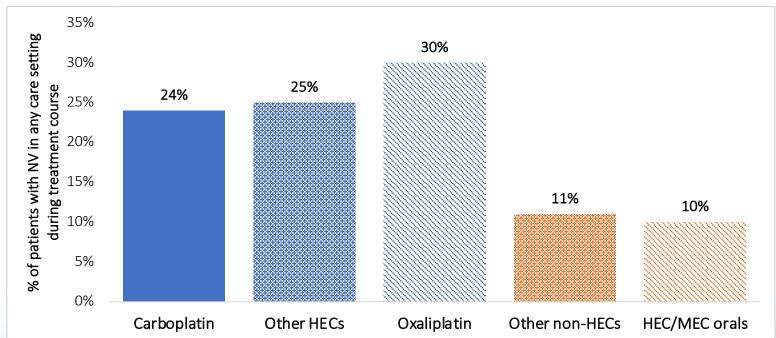
Carboplatin triple antiemetic prophylaxis modestly increased after guideline change



Note: Dexamethasone use occurred with virtually all patients in addition to the above-described prophylaxis.



Nausea/vomiting is more prevalent for Carboplatin and other HECs





Nausea/Vomiting is common in postcarboplatin acute care

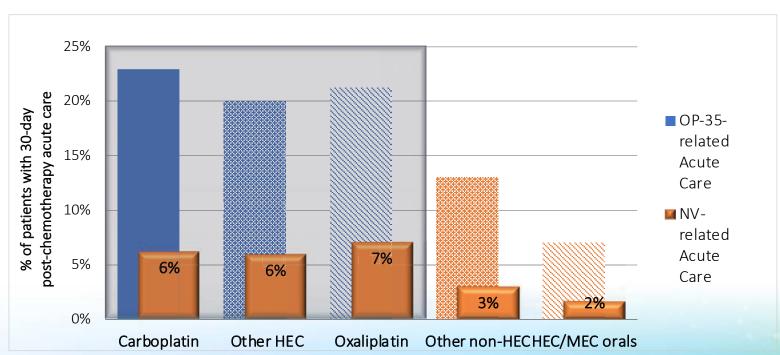
3,152 carboplatin courses had acute care events (31% of 10,330 carboplatin courses administered in OP 2,370 acute care events **involved** ≥1 of the 10 OP-35 toxicities (**75%** of 3,152 total acute care events)

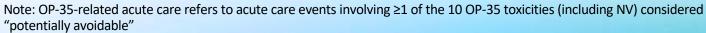
> 647 acute care events involved nausea/vomiting (**27**% of 2,370 OP-35 acute care events)

Note: The area of each box is proportional to the percentage listed.



OP-35 toxicities and specifically NV are common avoidable causes of acute care for HEC and Oxali





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Conclusions

- US upfront triple antiemetic prophylaxis grew only marginally for carboplatin AUC ≥ 4 since re-classification as HEC, perhaps due to:
 - low awareness of the guideline changes
 - low awareness of the post-carbo acute care rate involving CINV
- NV and related 30-day acute care event rates for carboplatin matched those for other HEC, validating the HEC classification

 More upfront triple prophylaxis is needed to reduce NV and NVrelated avoidable acute care with carboplatin AUC ≥ 4

