

Study Group Meeting Agenda

# MASCC/ISOO

Annual Meeting on Suppportive Care in Cancer

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# **Agenda**

- Welcome and Introductions
- 244 Members
- Join up!



Dr Raymond Chan, Australia



Dr Marg Fitch, Canada

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# **Agenda**

New name – new focus





#### Leadership

Chair: Raymond Chan, PhD, MAppSc, BN, RN, FACN - Australia

Vice-Chair: Margaret Fitch, RN, PhD - Canada

For more information or to contact the Study Group Leaders, please send an email to Leslie Johnson.

#### Mission

Advances in cancer screening, early detection, treatments, and supportive care have produced a progressive increase in the number of cancer survivors over recent decades. The Survivorship Study Group considers survivorship to span the time between diagnosis and the end of life. Its mission encompasses realization of the fullest potential of cancer survivors in all spheres of life. Accordingly, its areas of effort include prevention of new or recurrent cancer, surveillance for new or recurring cancer, interventions for prevention and management of cancer symptoms and treatment side effects (including prehabilitation and rehabilitation), and coordination between specialists and primary care providers to ensure that all survivor needs are met.

#### **Objectives**

The MASCC Survivorship Study Group works to optimize wellness by improving outcomes for people affected by cancer. Its projects are designed to address the following objectives:

- To foster international collaborative research and educational initiatives in cancer survivorship
- To raise awareness about cancer survivorship issues and resources
- To foster the professional development of junior researchers in the field by awarding junior researcher awards and training fellowships
- To develop clinical guidelines on topics relevant to cancer survivorship
- To contribute to the MASCC Annual Meeting through presentations and workshops that focus on cancer survivorship
- To collaborate with other Study Groups to advance care and outcomes for all cancer survivors

## **Our Mission**

Advances in cancer screening, early detection, treatments, and supportive care have produced a progressive increase in the number of cancer survivors over recent decades. The Survivorship Study Group considers survivorship to span the time between diagnosis and the end of life. Its mission encompasses realization of the fullest potential of cancer survivors in all spheres of life. Accordingly, its areas of effort include prevention of new or recurrent cancer, surveillance for new or recurring cancer, interventions for prevention and management of cancer symptoms and treatment side effects (including prehabilitation and réhabilitation), and coordination between specialists and primary care providers to ensure that all survivor needs are met.



### **Our objectives:**

#### To optimize wellness by improving outcomes for people affected by cancer. Specifically, we will

- foster international collaborative research and educational initiatives in cancer survivorship
- raise awareness about cancer survivorship issues and resources
- foster the professional development of junior researchers in the field by awarding junior researcher awards and training fellowships
- develop clinical guidelines/position statements on topics relevant to cancer survivorship
- contribute to the MASCC Annual Meeting through presentations and workshops that focus on cancer survivorship
- collaborate with other Study Groups to advance care and outcomes for all cancer survivors



# **Update PRO Project**

- Title:
  - Patient-Reported Outcomes (PRO) Data Collection in Routine Care and Subsequent Actions in Clinical Responses, Benchmarking, and Research: An International Survey of Oncology
- Lead Investigator:
  - Dr Yin Ting Cheung, Hong Kong



#### Research Team

- Margaret Fitch, Canada
- Lawson Eng, Canada
- Lisa Grech, Australia
- Alex Chan, Singapore
- Sandra Mitchell, USA
- Deborah Kirk Walker ,Australia
- Elke Ramant, Belgium
- Dagmara Poprawski, Australia
- Imogen Ramsey, Australia
- Raymond Chan, Australia





#### **Research Questions**

- What are oncology practitioners' reported approaches (e.g., method of data collection, PRO tools and time points of assessment, etc.) and uses of PRO information in their clinical practice?
- What are the current approaches to using PRO measures for performance measurement in terms of health services evaluation, such as quality and safety improvement?
- What mechanisms are currently in place for the routine collection and aggregation of PRO information at national or state/provincial levels in their respective countries/regions?
- What are the facilitators of and barriers for the current/further implementation of PRO measures in clinical practice and performance measurement?
- What are the research priorities with relation to implementing PRO in clinical practices?



#### **Methods**

- Cross sectional survey; ethical approval
- Participants:
  - Practicing clinicians and other HCP who spend at least
    10% of their work time providing direct care to patients
- Dissemination (electronic):
  - through international cancer networks/organizations
- Timelines:
  - distribution through 08/19; analysis by 11/19; report ready by 02/20



# **Sample Representation**

(i) High Income *versus* (ii) Upper-middle income *versus* (iii) Low-Middle Income and Low Income countries, as defined by the World Bank



(i) Physicians versus (ii) nurses versus (iii) allied health



# **Update Exercise Project**

Title:

 Implementation of clinical physical activity guidelines in cancer care: An international survey of oncology practitioners

Lead Investigator:

Imogen Ramsey, Australia



#### Research Team

- Raymond Chan, Australia
- Lawson Eng, Canada
- Lisa Grech, Australia
- Deborah Kirk Walker ,Australia
- Tram Bui, Canada
- Elke Ramant, Belgium
- Dagmara Poprawski, Australia
- Yin Ting Cheung, Hong Kong
- Margaret Fitch, Canada





## **Research Questions**

- What is the knowledge of health care providers in relation to exercise guidelines for patients with cancer and local resources?
- What are health care providers' beliefs about the safety and benefits of exercise for patients with cancer?
- What are the current practices of health care providers in relation to:
  - Discussing exercise guidelines with patients with cancer
  - Screening patients with cancer for suitability to exercise
  - Referring patients with cancer to supervised or unsupervised exercise programs or qualified exercise professionals?
- What are health care providers' determinants of the above practices?
- What is the association between these factors (knowledge, beliefs, determinants of practice) and health care providers' current clinical practice?



#### **Methods**

- Cross sectional survey; ethical approval
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### **SG** Awards

## 2019 Outstanding Junior Faculty Award

#### Jessica Krok-Schoen PhD

 Primary care physicians' perspectives of the survivorship care for older breast cancer survivors: A pilot study

#### Elizabeth K. Arthur PhD, APRN-CNP, AOCNP

 Predictors of women's self-efficacy to communicate with their partner about sex and intimacy after cancer treatment



### **SG** Awards

## **2019 Outstanding Trainee Awards**

#### Chia Jie Tan B Pharm (Hones), BCOP

 Employment and financial challenges faced by adolescent and young adult (AYA) cancer survivors - A qualitative study

#### Sarah M Belcher RN, PhD, OCN

 Characterizing Psychobehavioral Risks in Survivors of Multiple Primary Cancers



## Ideas for Systematic Review- themes (from survey of members)

- Models
  - State of survivorship care and models of practice around the world
  - Effectiveness of various survivorship models
- Enhancing recovery
  - Interventions to enhance recovery/restore health
- Physical activity
  - Physical activity while on treatment
  - Balance (ratio) of sleep, activity and physical activity
  - Impact of exercise on treatment



# Ideas for Systematic Review- themes (from survey of members)

- Quality of life
  - Understanding quality of life for various populations
- Economics
  - Economics of treatments and outcomes
- Return to work
  - Risk factors and challenges in returning to work



# Ideas for Systematic Review- themes (from survey of members)

- Symptom management/late-long term effects
  - Managing late effects (various)
  - Managing adverse reactions associated with polypharmacy
- Psychosocial
  - Social support impact on outcomes
  - Health disparities and outcomes
  - Interventions for sexual health
  - Patient education
  - eHealth literacy
- PROs
  - Implementing PROs





# Closing

- Comments?
- Next steps?



