

Why should we use eHealth applications for symptom management?

Wendy H Oldenmenger, RN PhD

Coordinator Oncology Nursing Research, Erasmus MC Cancer Institute

Lecturer, University of Applied Science, Rotterdam

The Netherlands

Board Member, European Oncology Nursing Society (EONS)

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Disclosure slide

- Nothing to declare



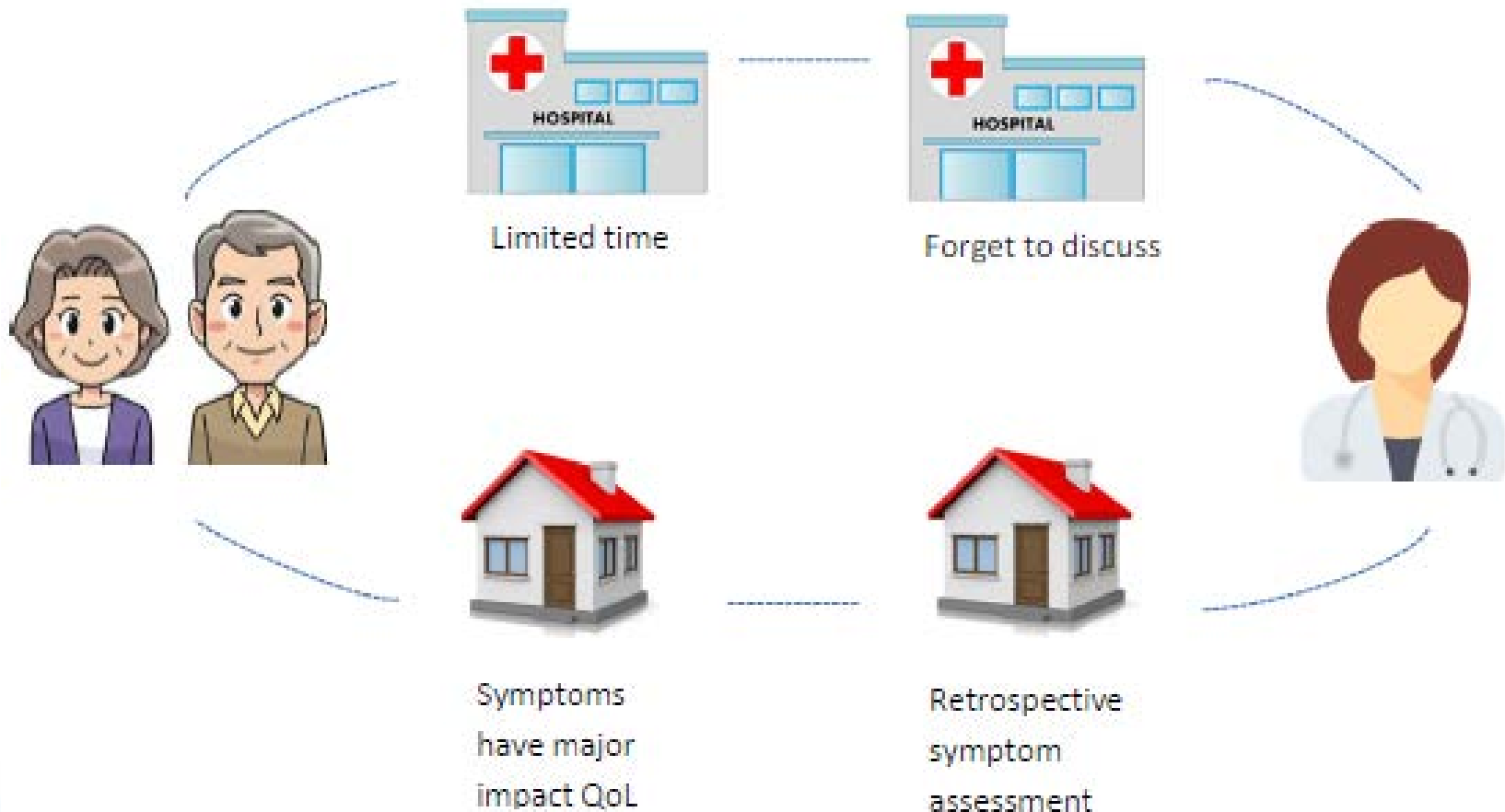
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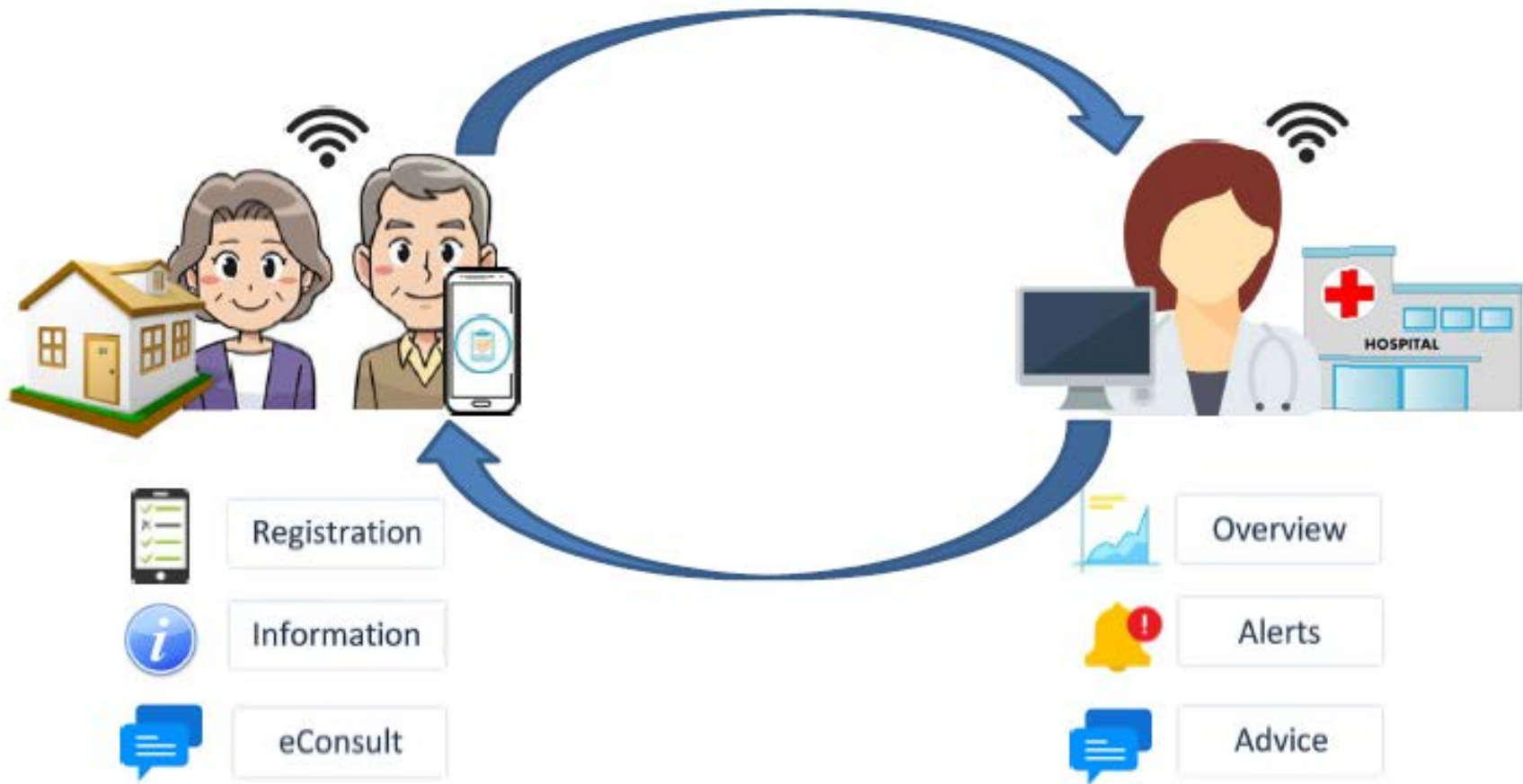
SUPPORTIVE CARE
MAKES EXCELLENT
CANCER CARE POSSIBLE



Why do we need eHealth applications?



Online symptom monitoring



Expectations before using an eHealth application: facilitators



- Easy to use
- Easy access to reliable and personalized information
- Early recognition of increasing symptom severity
- Integration into electronic medical record



- Skilled nurse practitioners to monitor patients
- Simple registration scale
- Direct feedback on same day
- Financial reimbursement
- Integration into electronic medical record



Expectations before using an eHealth application: barriers



- Symptom registration can be a burden
- Delay in feedback



- Daily registration might be a burden for patients
- Extra workload for professionals
- Extra costs for the department
- No instant benefits for doctors
- Some patients may over report severity in symptoms



Experiences of eHealth applications: facilitators



- User friendliness of application
- As addition to face-to-face contact
- Decent support
- Easy access to HCP
- Graphical overview of symptoms
- Access to reliable information



- Reliable technology - easy to use
- As addition to face-to-face contact
- (ongoing) training
- Clear logistics
- Awareness that eHealth can increase efficiency of effectiveness of treatment



Experiences of eHealth applications: barriers



- NRS not sufficient enough
- Constant reminder of disease
- Overwhelming amount of information
- Older, frail or less educated patients may find it challenging
- Technical challenges



- Increased focus on symptoms
- Believe that current practice is good enough
- Ambiguity about effectiveness
- Older, frail or less educated patients may find it challenging
- Worried about increased workload and cost-effectiveness



Summary

- EHealth applications are nurse-led interventions
- Effective systems exists of
 - Real-time monitoring
 - Personalized monitoring & education
 - eConsult



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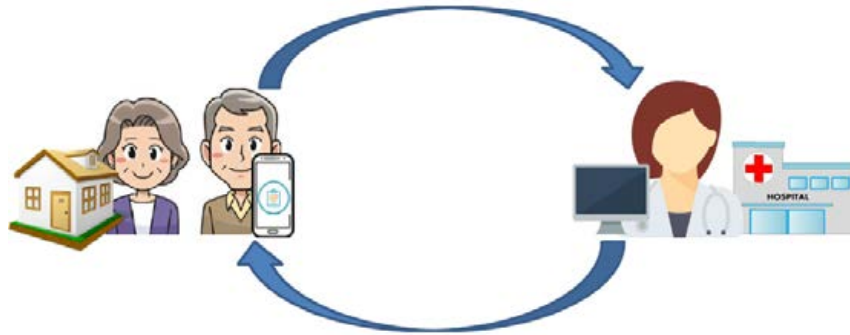
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Thank you for your attention



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w.h.oldenmenger@erasmusmc.nl



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